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# 訊 鳶

五 旬 節 中 學

Pentecostal School



茶 -  
古今碰撞

**Bubble and  
tea - Cheers!**

# 茶 — 古今碰撞

茶起源於中國，是一種歷史悠久的飲品。茶橫跨西漢、唐、宋等朝代，後來更傳入日本、歐洲等地方，直至現今仍是人們選擇飲料的不二之選。

既然茶的歷史久遠，那麼其中肯定有不少的變遷和革新。不知道大家對於「古代茶」和「現代茶」的分別又有多少認知呢？

## 泡茶方式

要談茶的古今之別，可從泡茶的方法說起。

古時，其實除了廣為人知的泡茶法，其實還有許多的泡茶方式：

1. 煮茶法：把茶葉碾成碎末，加入蔥、姜、桔子皮等調料一起煎煮
2. 煎茶法：茶餅經過灸、碾、羅等工序，成細微粒的茶末，再根據水的煮沸程度投茶烹煮
3. 點茶法：使用地爐點茶，並三次添炭將茶煮沸，被稱為「初炭、後炭、立炭」

要將泡茶方法付諸實行，就必須有茶具輔助。

在過往，茶具以陶器為主。茶具至少有二十四種，其中包括：風爐、筥、炭撾、火策、鍤、交床、紙囊等。



地爐

而在現代生活中，為了應付急速的生活節奏，人們對泡茶這一「慢活」也開始追求效率。脫離了古代繁瑣的泡茶步驟，現代人大多會用茶包、茶葉等來泡茶，近期市面上還出現了「茶膠囊機」，只需按一按按鈕，一分鐘便能享用一杯好茶。

在茶具方面，現代人多用常見的瓷器、玻璃器皿作茶具，例如馬克杯、有濾網的茶壺。進階的茶具則有紫砂壺、公道杯、茶針等，同樣比古時的茶具簡化不少。



本地品牌「茶寮」的茶膠囊機

## 茶的銷售方式

茶由古至今的銷售方式，可為是多不勝數，由起初茶販在集市擺攤吆喝著賣茶的集市貿易發展至提供茶具、茶點、景觀等喝茶「一條龍服務」的茶莊、茶館。



記錄古代茶販的古畫



現今世代的茶室

隨著時代的變遷，茶的地位和普及度冉冉升起，到了現今，茶的市場不斷擴大，茶更不再局限於傳統，在新興的茶飲——奶茶中進行創新，如以烏龍、普洱等傳統中國茶做奶茶的基底茶。



## 品茶的心態

現代人生活節奏急促，沒有太多時間去鍛煉和慢慢養生。而喝茶，可以作為一種健康的生活方式，讓我們身體獲得好處，例如提神、降低心血管疾病風險、控制體重與調節脂肪。

而以前的人喝茶，不但是因為喝茶包含了文化內涵方面的建樹，還是一種道德規範，例如家裏來了客人就必須要敬茶。



## 師生訪問

正所謂凡事都有多面性，人們看待茶文化的觀點也有不同。因此，我們採訪了校長、老師和同學，了解他們對喝茶的看法。

## 羅錦城校長 (採訪者：張芷晞、萬麗芬)

### Q：喜歡即沖還是慢泡？

A：慢泡。有時在家都會泡茶，買茶葉去沖，享受這個靜下心的過程。即使是辦公時候，都只選擇茶葉，不會用茶包，這更能夠品嚐到茶味。

### Q：喝茶是否有目的？

A：有，喝茶能使身體健康，例如：有助腸胃消化、防止癌症，以及提神。



## 錢子榆老師 (採訪者：張芷晞、萬麗芬)

### Q：為什麼喜歡喝茶？喜歡喝哪一種？

A：因為喝茶健康，而且味道清淡獨特。我最喜歡喝臺灣烏龍，因為價錢較為便宜，而且有機，相對在香港買的茶葉較為清淡。

### Q：對喝茶有什麼講究和樂趣？

A：用紫砂壺泡茶，香味醇和，保溫性好，無「熟湯味」，能保茶真髓。煮出來的茶是那種金錢買不到的味道。在這個過程，會覺得整個人都會靜下來，不會覺得煩躁。

## 5C 游綽瑩同學 (採訪者：陳敏英、張潔怡)

### Q：喝茶的原因？

A：身邊有許多同學都有喝茶，且茶不單有提神的作用，還是一種零卡路里的飲品。

### Q：對茶有什麼看法？

A：茶是一種傳統文化，所以品茶的年齡不論高低。茶在入口的苦澀散盡後會有回甘的感覺，「苦盡甘來」一詞由此而衍生，此也體現了人們對生活樂觀積極的態度。



## 編後感言

很高興能夠成為本年度校報編輯的一員，從中我對茶文化的認識加深了不少，獲益匪淺。希望來年可以再次參與校報的製作。——4C 張潔怡

泡茶的過程中能夠暫時忘掉其他事情，置身於泡茶的世界。品茶可以讓茶的味道停留在嘴裡，也能緩解壓力。

——4C 萬麗芬

品茶時不要被別人的看法左右，用放空自己，保持靜謐的心態去品茶。當然，品的時候也不強求其他人都要認可自己品出來的看法。應該多關注茶的特點，例如香氣和滋味。

——4C 張芷晞

在了解茶的途中，我們有幸參加了兩次由基督福音堂舉辦的茶道聚會，在當中我跟隨導師了解到了茶的種類和不同茶種的沖泡方式，體會到「靜」與「慢」的重要。——4D 陳敏英





# Bubble Tea

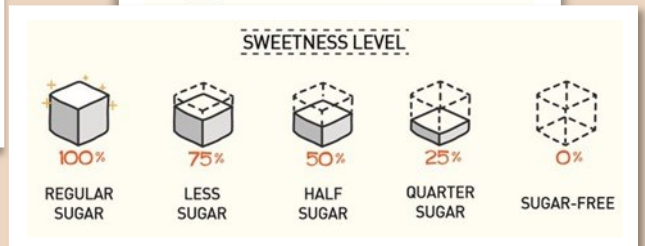
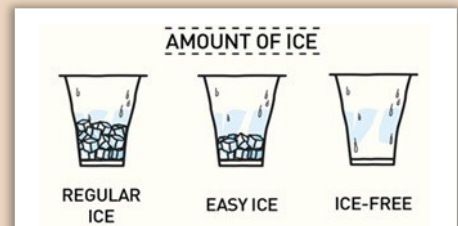
Hello Pentecostal! Have you ever been drinking bubble tea? Do you know anything about bubble tea?

Many of our schoolmates and teachers love to drink bubble tea so much. As a student, when I feel stressed with my school life, bubble tea is a comfort drink that makes me joyful and boost my drive to study hard. In this year's English bulletin, we will share with you of our Pentecostal students and teachers on Bubble tea and what some bubble tea shop keepers observe about it.



## Interview with bubble tea shopkeepers

Questions	Q.1 Which drink is the most popular for youngsters?	Q.2 How much do people spend buying bubble tea on average?	Q.3 Which age group spends the most in bubble tea shops?	Q.4 Over time, Is there any innovation in bubble tea?	Q.5 Which sweetness level and amount of ice do customers most prefer?
Brand					
	Smooth Black milk tea include pearl & mesona (仙草)	\$20-\$30	Aged 10-30	Customers can choose different kinds of tea // Innovation is referring to the company	Less Sugar // Easy ice
	Taiwanese Milk Tea with Pearls	\$25	Aged 15-30	Brown Sugar Milk Tea Smoothie with Pearls (黑糖珍珠雪沙)	Half Sugar // Easy Ice
	Iron Guanyin Bubble tea	\$30	Aged 18-25	Some drinks are sold in limited time only	Half Sugar // Easy Ice
	Fruit Tea	\$20-\$30	Aged 20-35	Bubble Tea with Milk Cup (奶蓋)	Less Sugar // Easy Ice

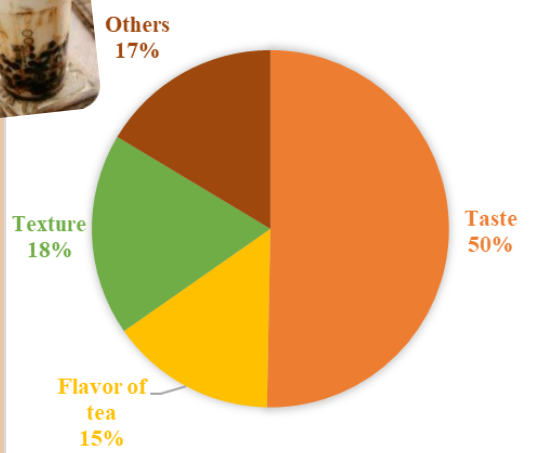


# We are loving bubble tea.....

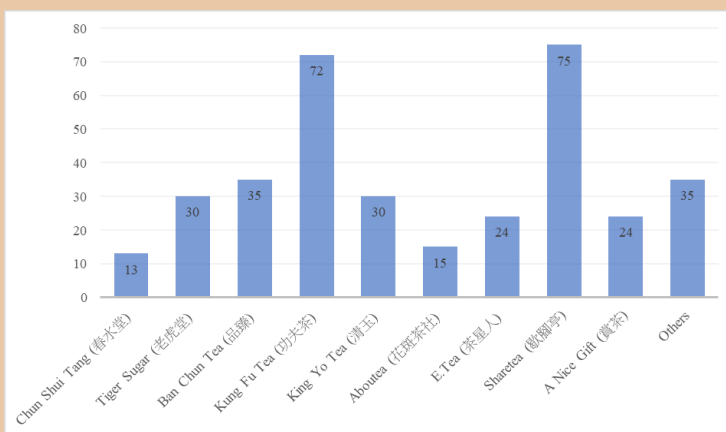


Reported and Written by Chan Ming Fu 5D

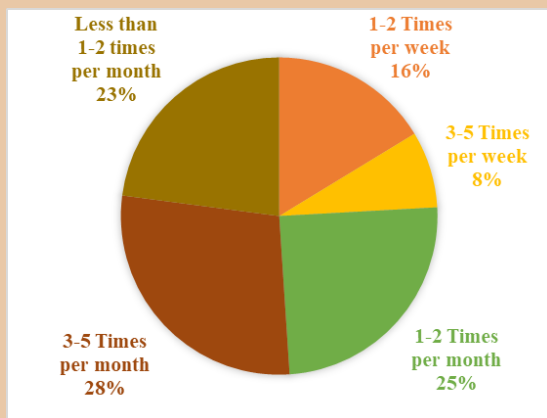
To know how students think about bubble tea, our editorial group has surveyed 153 students in our school. The charts are showing the results:



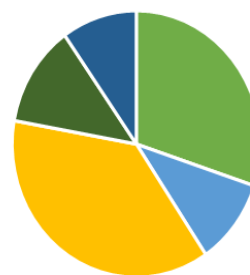
Half of the students (50%) think taste is the factor for them to start drinking bubble tea.



A Majority of students usually choose Kung Fu Tea 功夫茶 and Sharetea 歇脚亭 to buy bubble tea.



Most students drank bubble tea 1-2 times per month or less, with only 8% drinking it 3-5 times per week. The common frequency was 3-5 times per month (28%).



When asked students about their preferred sweetness level in a beverage, 37.3% of respondents chose half sugar, followed by regular sugar at 30.1%. A significant portion preferred lower sugar options, with less sugar at 10.5%, quarter sugar at 12.4%, and sugar-free at 9.8%.

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## Interesting experiences selected from students' responses:

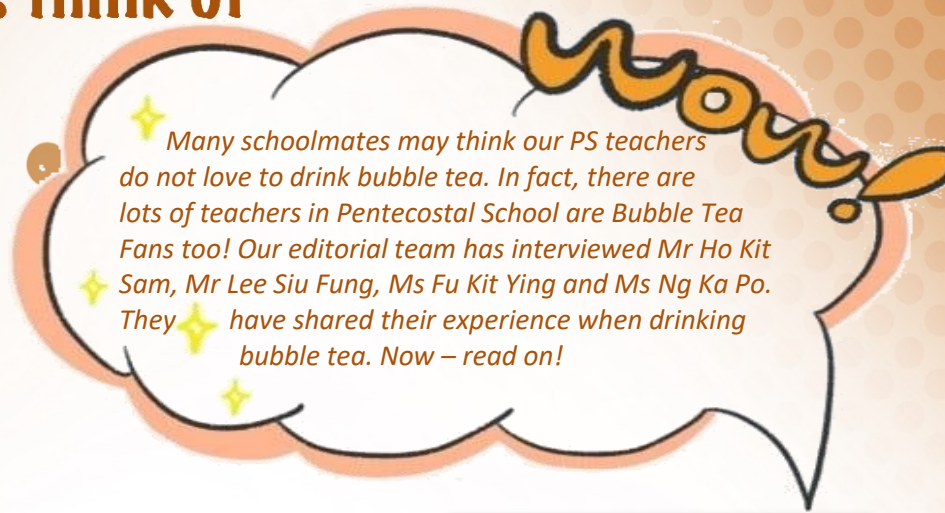
Do you guys know there are some bible verses printed on the cup of bubble tea at A Nice Gift 賞茶?'

One day, I was drinking bubble tea at Jay Chow's concert, and the camera shot me. 'Would you like to drink?' I held up my bubble tea and shouted. Jay smiled.

Once upon a time, since I want to save for the plastic bag fee, I dropped the plastic bag. As a result, my bubble tea fell and exploded while I was going back to my home.



# What do our teachers think of drinking Bubble Tea?



Many schoolmates may think our PS teachers do not love to drink bubble tea. In fact, there are lots of teachers in Pentecostal School are Bubble Tea Fans too! Our editorial team has interviewed Mr Ho Kit Sam, Mr Lee Siu Fung, Ms Fu Kit Ying and Ms Ng Ka Po. They have shared their experience when drinking bubble tea. Now – read on!

## An interview with Sam Sir

Interviewer: Cheung Hoi Yan 4D,  
Tsang Tsoi Ying 4D  
Reported and written by Cheung Hoi Yan 4D  
Interviewee: Mr Ho Kit Sam

**Q: What do you feel when drinking bubble milk tea?**

A: Every time I drink bubble milk tea, it's usually due to friends' invitation. Thus, my feelings towards bubble milk tea are more about the memories with friends and the happiness that comes with it.



## An interview with Ms Ng

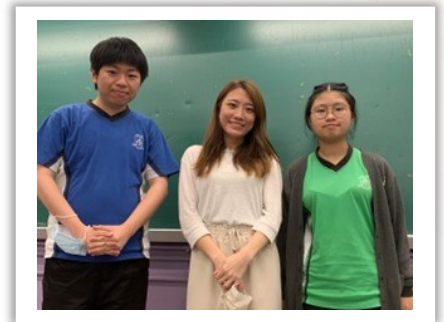
Interviewer: Chan Ming Fu 5D,  
Wong Hoi Ching 5D

Reported and written by  
Wong Hoi Ching 5D

Interviewee: Ms Ng Ka Po

**Q: What are some of your favourite places to get bubble tea?**

A: I have a few favourites, but the top 2 are Ten Ren Tea and Chun Shui Tang. They consistently make the best bubble tea.



**Q: Do you have any fond memories associated with drinking bubble tea?**

A: Drinking bubble tea with friends is the most memorable experience for me. When we go shopping, we always buy bubble tea. It's a shared experience that brings us closer. When I first started drinking bubble tea, it was always with my sister, who introduced it to me. We both loved it and would often buy it together. I also associate it with taking a break and just enjoying a sweet treat for a while.



## An interview with Mr Lee

Interviewer: Cheung Hoi Yan 4D,  
Tsang Tsoi Ying 4D

Reported and written by  
Tsang Tsoi Ying 4D

Interviewee: Mr Lee Siu Fung

**Q: Which store's bubble tea do you usually prefer?**

A: I prefer drinking bubble tea from COMEBUYTEA. Their unique decoration and dedication of staff in making the milk tea despite the long production process is what I like.

**Q: Do you have any profound memories associated with drinking bubble tea?**

A: One time, my family travelled to Taipei for vacation. I was injured beforehand and travelled with aches and pains throughout my body. When we arrived, we visited a restaurant to seek some authentic bubble tea. A large pot of bubble tea was brought out, allowing us to pour it into our cups. The warm bubble tea and the homely vibes made me happy, forgetting about the pain and becoming one of the most unforgettable memories of the trip.

## An interview with Ms Fu

Interviewer: Tsang Tsoi Ying 4D, Chan Ming Fu 5D  
Reported and written by Tsang Tsoi Ying 4D  
Interviewee: Ms Fu Kit Ying

**Q: Do you like drinking bubble tea? What type of bubble tea do you prefer?**

A: My favourite is brown sugar pearl milk tea. You can not only taste the original flavour of the tea, but also the wonderful sweetness that makes you happy. I don't drink it very often, so when I do, I tend to prefer it to be a bit sweeter.

**Q: Do you have any profound memories associated with drinking bubble tea?**

A: When I was in secondary school, I travelled to Taiwan with friends. Being in an unfamiliar environment was scary. However, bubble tea lets me experience the culture of Taiwan. After the trip, I became more independent and was determined to study harder.



# Principal Law Kam Shing's Interview – A Farewell Message

Interviewer: Chan Ming Fu 5D, Wong Hoi Ching 5D

Reported and written by Chan Ming Fu 5D

Interviewee: Mr Law Kam Shing



**Q: Do you like to drink bubble tea? How do you feel when you drink it?**

A: The few times that I drink bubble tea, I prefer the original flavour. I find the pearls swirling in the milk tea to be very appealing. Biting into the pearls is akin to biting into small, soft and chewy 'tangyuan'.

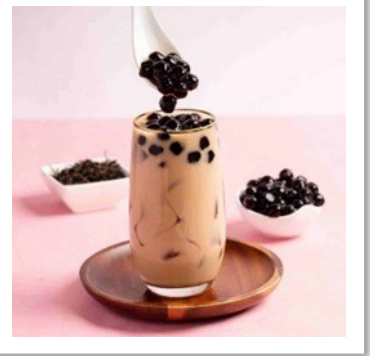
**Q: What makes you choose to drink bubble tea? Do you have any fond memories associated with drinking bubble tea?**

A: My children love bubble tea, especially brown sugar bubble tea. If my children want to drink bubble tea, I will also join them. Since I usually drink bubble tea with my family, my memories of it are associated with the happiness of trying new food with them.



**Q: How do you feel about participating in the English Bulletin interview every year?**

A: I cherish my appearance on the annual English Bulletin. It is precious to see the efforts that students put in the bulletin, especially the preparation with the interviews. The bulletin is a platform that connects everyone in the school. The school's theme this year is "Heritage and Love", and I hope that the English Bulletin will continue to be passed down and become a memory for all.



## CONCLUSION

After reading the interviews, do you feel that you have gained more knowledge about bubble tea? I think bubble tea will always be popular in Hong Kong. We hope this article has also helped you understand our teachers and their daily lives. Also, we thank our teachers and shopkeepers for having the interviews with us for this year's bulletin.

### PENTECOSTAL SCHOOL STUDENT BULLETIN 2022-2023

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