

#### Foreword

#### **Finding Treasures in Reading**

In a world increasingly dominated by screens and digital information, the simple act of reading can feel like a rare and unusual personal treasure. And yet, the rewards of immersing oneself in the written word have never been more valuable.

Within the pages of this collection, you will be reminded as to just how transformative the reading experience can be. Each piece offers a window into the unique perspectives and experiences of the authors, who have unearthed rich veins of insight, imagination, and inspiration through their love of reading.

From the nostalgic recollections of childhood favourites to the inspiring and transforming power of discovering a bold new literary voice, these writers remind us that reading is a doorway into worlds beyond our own - a means of exceling the limits of our own lived experiences and engaging with the diverse breadth of the human condition.

So, turn the page and prepare to be enchanted. For within these covers lie the very treasures that make reading a joy, a challenge, and an essential part of the experience. Lose yourself in these words, and find yourself transformed to another world or another place.

Ms Ho Suk Yee
Principal
June 2024

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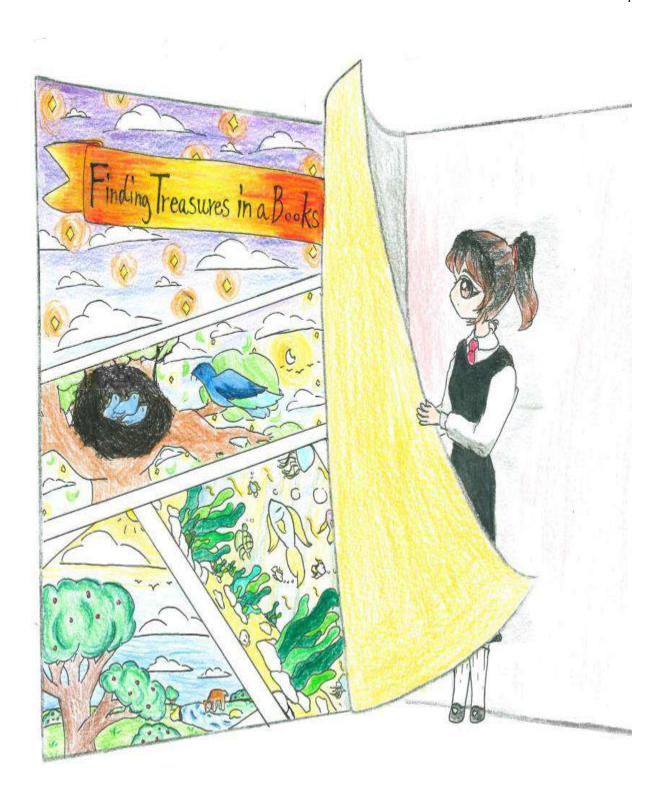


Principal's Foreword

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# FORM ONE

#### The life of a poet - Emily Dickinson

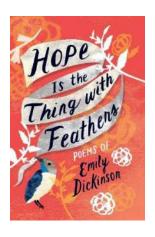
My role model is none other than the greatest female writer, poet herself, Emily Dickinson. She was a creative genius. When she was a child, she loved to socialise, but also enjoyed writing poems in her house. I like her because I enjoy reading her poems and get inspired by her.

The poet was born in the US in the 1800s. She lived most of her life in isolation, but she never got bored at home. Instead, she read and created poems. Many of her poems deal with themes of death and immortality.

Emily Dickinson was a well-behaved girl when she was young. Her Aunt described her as well-behaved and contented. She also noted that young Emily loved music with a particular talent for the piano.

Her education was ambitiously classical for a Victorian girl. After finishing in her primary school, she went to Amherst Academy and studied mainly English language and literature for 7 years. She continued to write poems, a total of 1800, throughout her lifetime. Sadly, she died of typhoid fever at the age of 55. After her death, Emily's younger sister found her work and had them published for the public. Her poems have remained famous nowadays.

Emily Dickinson's life has taught us not to give up on what we love and to be creative. I hope I will be a smart person like her one day.







#### A Diary



#### 1A Ng Cheuk Yiu Cheryl

Dear Diary,

Yesterday, my parents, my best friend, her parents and I flew to Japan for our summer vacation.

At first, my best friend Gladys and I were very excited about going on vacation together for the very first time. We were both planning our activities while still at the Hong Kong Airport. We both wanted to stay in the same hotel room, play games together, buy matching kimonos, and go to those special Japanese vending machines.

On the plane, she and I sat together. Luckily, no one was sitting in the third seat. After the plane had taken off, we both decided to listen to some music. I didn't close the plane's window because I wanted to look at the extraordinary view. The evening view and clouds were so lovely to look at. I took some photos of the clouds. We were flying high in the sky.

Around 2 hours later, we finally arrived in Osaka, Japan. It was already half past eight. When we left the airport, I couldn't take my eyes off the beautiful and luxurious buildings there. Our parents said that our hotel was 15 minutes away from there, so we decided to walk to our hotel. However, it turned out to be a disastrous decision.

We started the journey with the help of the Google Maps app, hoping that it would take us there. Then, my mom's phone battery 'died'. My dad's phone was in his luggage. My phone had no data. My best friend's phone also had no data, and her mom and dad's phones were both in the luggage!!!

"What do we do now?" I asked.

"We could ask the locals about it." My dad suggested.

It took us 20 minutes to find a local and tell us where that hotel was. However, none of us spoke or understood Japanese except Gladys. She spoke fluent Japanese and asked a helpful local where our hotel was. What a coincidence! The local was also going to walk the same route as us. We were all relieved and we finally reached the hotel at 11:30pm.

After thanking the local, we went in and got our hotel room cards. Me and Gladys rushed to the hotel room and unpacked our belongings.

Today, I am still exhausted from what happened yesterday. This morning, we went to the hotel lobby to eat breakfast. We all sat down together and just laughed at what we had experienced last night.

In the end, I have learnt that not everything may go as expected. We all need to

learn to expect the unexpected.





#### **An Informal Email**

#### 1A Wong Ching Ki Janelle

Dear Alice,

Hi! How have you been? I joined a cooking class yesterday and decided to share this wonderful experience with you since I know you love cooking.

I went with my mum and was excited to know what we were cooking as Mum kept it a secret. The teacher introduced himself as Gordon Ramsey. We all called him Mr. Ramsey. He worked in a Michelin-starred restaurant before. Mr. Ramsey told us that we were making his famous Beef Wellington. I was confident that it would taste delicious.

We started by sautéing the mushrooms and onions- the onions brought out the mushrooms' earthy aroma. I rolled out the puff pastry that Mr. Ramsey had prepared for us beforehand with a flower-patterned rolling pin which left a beautiful imprint while Mum was cooking the steak. Mum was a total pro! We rolled everything up in a saran wrap to freeze and set its shape. After that, we popped it in the oven and waited for it to cook.

I watched as the puff pastry rose. It was so beautiful. Mr. Ramsey took out our Beef Wellingtons and sliced them up for us to try; they looked amazing! The golden puff pastry wrapped the sautéed mushrooms. The beef was the most beautiful — brown on the outside, pink in the middle — and it was so tender and juicy! My Mum and I ate some slices and took the rest home. My brothers and Dad loved them!

This was my experience, and I loved it! Mr. Ramsey was so polite and funny. We should go together next time! You would kill it!





Leo

The greatest basketball player of all time

Do you have a role model? A role model can be anyone in your life such as your teacher, parent, fitness coach, or someone famous etc.

My role model is one of the world-famous NBA basketball players. His name is LeBron James. He never gets tired and never stops working. He is also a kind-hearted person.

LeBron James was born in 1984 in the United States of America. He is muscular and he always wears a bright smile. When he was a kid, his mother sent him to a foster home because his family was very poor and they could hardly provide for the children. When he was a high school student, he started playing basketball and he won many championships for his school basketball team.

LeBron James is one of the greatest basketball players in the world because he trains very hard. His daily training plan includes playing basketball, boxing, swimming and running. Also, he follows a very strict diet, so he is very disciplined. He never eats junk food. Instead, he only eats meals prepared by his professional chef. He is my role model because he is self-disciplined.

Besides, I admire LeBron James because he is a loving man. He cares for people, especially young children. Many years ago, he set up his foundation, offering scholarships to kids from families facing financial difficulties. Through the foundation, he provides education and resources to them. He does so much for his community.

LeBron James is a humble and confident man. He never doubts himself. All in all, he is a great person and definitely a perfect role model to me. He has inspired me to become a person who never gives up.



#### **An Informal Email**

#### 1D Xia Zhen Xuan Henry

8<sup>th</sup> May, 2024

Dear Peter,

How are you? I hope you're well. I study at Pentecostal School and I'm in F.1D. I have many friends, e.g. Tommy, Benson and Ivan. I also have many kind and helpful teachers, like Miss Ip and Mr Lee. How about you? Are you enjoying your classes? Do you have any favourite subjects or teachers? Are you involved in any school activities?

Yesterday, I had an exciting dodgeball inter-class competition with F.1C in my PE lesson. Guess what? My PE teacher taught us how to play dodgeball in English, so all of us listened to him attentively to understand more.

Do you have any dodgeball competitions in Australia? Let me tell you more about the match. First, we got into two teams. Then the game started. While we were playing the match on the basketball court, we tried hard to throw the ball at our opponents. At the same time, we either caught or dodged the ball to gain scores. Finally, time was out. My team defeated the opponents and won the game. We were very lucky because my team had a lot of good players, so we won the competition. I really want to play this game again because it is easy and fun. When will you be back? I hope to see you in Hong Kong, and we can play the game together.

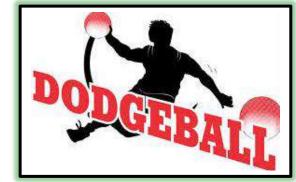
Anyway, I must stop to do my homework now. Please write back.

Best wishes,

Chris

P.S. Can you buy me a new robot in Australia? I will return the money to you later.

Thanks ©.





# FORM TWO

#### **A Feature Article**

#### 2A Curtis Chan Pak Wing

Curtis chan





Let me introduce you to the best app ever - Instagram. There are a lot of different functions of the app like, chatting with friends, sharing daily lives, making new friends and more.

#### **ADVANTAGES**

The advantages of this app are infinite. You can contact friends easily, know more Instagram users around the world and share photos and videos with them.

#### **DISAVANTAGES**

Although there are a lot of advantages, there are still some disadvantages, like getting addicted to watching videos, getting scammed by others easily and comparing with others easily making ourselves depressed.

## CONCLUSION

Overall, I would recommend this app to classmates. Although there are a lot of disadvantages, at least we can makes some new friends. So, whenever people are lonely, they can find someone to talk to or play with.



A Feature Article 2A Naomi Wu

# **ENSTAGRAM**

## Naomi Wu 2A (14)

## THE BEST SOCIAL MEDIA APP EVER



Social media apps such as Facebook, Twitter and WhatsApp are getting more attention day by day. But my favourite one is called Instagram. It is one of the most popular social media apps these days.

## ADVANTAGES

Since Instagram is popular, many people post lots of things about fashion, news, products and more. That's why I can learn about the latest trends every day.

Also, I can shop the products online so it is sometimes better than Google!

Users also post different tutorials like make-up, dressing hacks, cooking and more which means I can find many inspirations from them.

## DISADVANTAGES

People can leave rude comments on other people posts which can make people super depressed. there might be cyberbullying.

Besides that, everyone knows social media apps are addictive. if I spend too much time on it, it can cause bad eyesight since the blue ray from the phone is bad.

Also, people post their faces, lives, food and more on Instagram. It can make people compare themselves with other people online. It is bad for mental health.

### IN MY OPINION :

I would recommend Instagram to my schoolmates. If my schoolmates got instagram, they can post and share their thoughts with others so we can stay in touch. Besides, we can make new friends from different schools and know the latest news. That's why Instagram is my favourite social media app. It is such a life helper.

#### 2A Chong Chi Yin Hailey

#### **A Poster**





#### **A Poster**

#### 2A Or Yeuk Laam Chloe



#### **A Letter of Advice**

2B Or Sui Chun

Dear Mike,

I've received your letter. I'm sorry to hear that you have problems like too much homework and revision, losing interests in learning English and being unable to get along well with your parents. I understand how terrible you feel. I think I can give you some advice.

First, you told me that you had too much homework and revision. You've been very stressed since you started Secondary 2, right? I think it's just because you don't have a timetable to help you arrange your time. I know that the work in Form 2 is more difficult than Form 1. Try making a timetable to arrange time to do homework and revision. You just need to list the work and plan the time accordingly. Do discuss with friends on how to use your time better. Try first and you'll notice the change.

Another problem is losing interest in learning English, right? Well, you can learn with your friends or ask friends to help with learning English. Learning with friends can be very fun. You can also listen to some English songs to learn. They can arouse your interest in learning English. You can know more English vocabulary and phrases when you listen to songs. It's easy. You just need to download some apps such as Spotify and play the songs with subtitles. Of course, YouTubes is also a wonderful choice for you.

Finally, you mentioned about your problem of not getting along well with your parents. I know you love your parents. You can find a proper time to communicate with them. The most important thing is allowing them to understand your needs. You can express your feelings with them at dinner time or on weekends when you have more free time. About buying clothes, I advise you to try buying clothes from online stores like Taobao. There are lots of stores around on Instagram. You can browse them when you have free time.

I hope my advice is useful to you. If you want to chat with someone, I'll always be here to listen. Please write to me again if you need more help.





Best wishes, Jacky Dear Edmond,

How are you? I'm glad to receive your email. Everything is going on well on my side. I'm busy getting ready for my basketball competition.

I travelled to Hokkaido, Japan in the last summer holiday with my parents. It was my mom's birthday, so we planned to relax by travelling. We went to a lot of places in Hokkaido. My mum was busy as usual but I was happy that she could spend some time to unwind.

We went to several famous tourist attractions in Hokkaido, including the Meguro River, the Nagano Prefecture and Furano. At the Meguro River, we watched the cherry blossoms. They were amazingly beautiful! My mom and I couldn't stop taking photos. It was my first time to see the cherry blossoms. The trees were huge. After that, we went to Nagano Prefecture. We wandered around there and used snow to make a snowman. It was such a joyful experience. Finally, we finished an enjoyable day and went back to Furano. Guess what we did next? We soaked in the hot spring. The view in Furano was incredible. Soaking in hot spring was really relaxing and we enjoyed it very much. Of course, we also went shopping before going back to the hotel. I bought some souvenirs for you! I won't tell you what it is now. Let's open the gift together when I come back.

We had a buffet dinner at the hotel afterwards. I tried different types of beef, Japanese food and dessert. The beef was juicy and a bit spicy, perfectly complemented by the sauce! Then, I had some sushi, including salmon sushi, eel sushi and sashimi. They were fresh and tasty. After that, I ate some dessert which was delicious and the cupcake was soft. My favourite food was the desserts in the buffet. I'll never forget the taste of the ice-cream.

Share with you more when I see you. Write back soon!





Love, Peggy

#### A Personal Email

#### 2C Lu Zhan Hua Barry



Dear Edmond,

I'm glad to receive your email. Everything is going on well on my side. I'm now busy with my studies and tests.

Last summer holiday, I travelled to Singapore with my parents. We went sightseeing together. I thought Singapore is a good place because there are many wonderful views there.

We went to a lot of famous tourist attractions in Singapore, including the Little India, the Marina Bay Sands and Sentosa Island. We visited the bright-coloured House of Tan Teng Meh. It was a great place to visit. We also took selfies, bought souvenirs and had some snacks. We felt relaxed and amazed. I'll never forget Marina Bay Sands. We had a 360°-view of Singapore and enjoyed the sunset. Also, we took the cable car to Sentosa Island. The view was truly awesome. We couldn't stop taking photos.

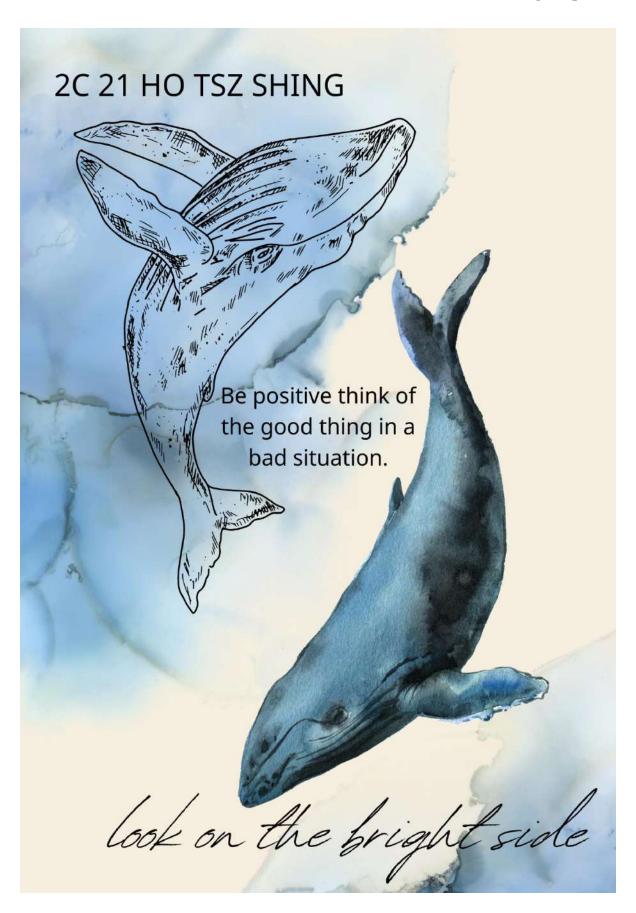
At last, we tried different traditional food in Singapore. We liked chain crab and fish head curry laksa. I found that their taste of food was a bit different from those in Hong Kong. The food was unique. We like them more. We had a wonderful trip!

Please write back and tell me what you think.

Love

Peggy

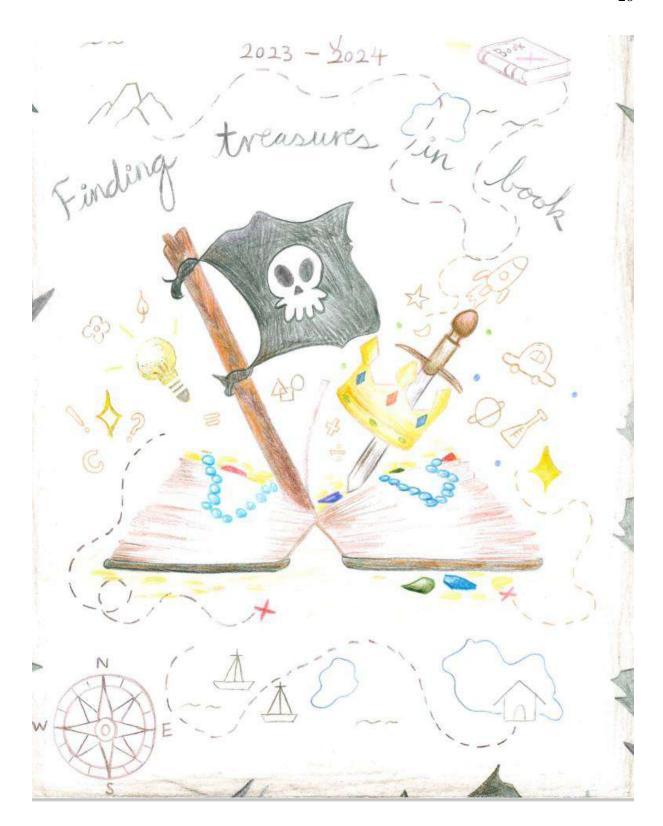




#### 2D Zhou Hang Lok Tom

#### A Poster





## FORM THREE

Dear Sir/ Madam,

#### Complaints about the Restaurant

I am writing to complain about the food, the environment and the attitude of the staff at your restaurant. I had a buffet dinner with my family at the restaurant of your hotel last night. We had high expectations of it as your restaurant is rated as one of the best restaurants in the city. However, we were deeply disappointed by the experience.

First of all, the service was slow and unprofessional. We had waited for 15 minutes before a waiter came to take our drink order. Also, he was rude and impatient. When he served me the drink, he spilled it on our table but he did not apologise to us. We had to ask for a clean-up for several times before it was done.

Secondly, the food was not delicious. I ordered some lobster bisque, steak and chocolate cakes. The lobster bisque was tasteless and there were no lobster chunks in it. Besides that, the steak was tough and dry. The sauce was unhealthy as it was too salty. For the dessert, the chocolate cakes were stale and hard. We could not finish the food because of the poor quality.

We paid \$700 for the dinner but we found that it was a waste of money. We expected 5-star service and food quality but it turned out to be 1-star only. We are deeply dissatisfied with the dinner.

We request a full refund and an apology from the waiter. We hope that you will take this matter seriously and improve the standard of your restaurant.

Best regards,

Chris

**Chris Wong** 



A Proposal 3A Ng Ka Chun

Dear Principal,

#### A Proposal for a Funfair

#### Introduction

The Social Service Club would like to propose holding a funfair to raise money for Impact HK. This is a charity that helps and provides support for homeless people in Hong Kong. In the funfair, there will be a lot of activities.

#### The details of the event

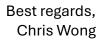
We suggest having the funfair from 8:15 am to 3:45 p.m. in the post-exam period. The venues will be the covered playground and playground. All the students and teachers are welcome to join. In the morning, there will be a variety of game booths for participants to win amazing prizes and have fun. For example, there will be a game stall about the life of the homeless. Also, some food stalls could be set up to provide snacks for participants. In the afternoon, we plan to have a small-scale parade to deliver the message of helping homeless people. After that, there will be a talent show for participants to enjoy. To attract students to join the funfair, a raffle could be held and some stationery like aesthetic pencil cases, and pens could be given to the winners.

#### The benefits of the funfair

We feel that the funfair would be a good idea. It can provide a platform for students to show off their talents in the talent show. They will be encouraged to develop their confidence by performing on stage bravely. Moreover, it is hoped that students can learn how to organise a funfair and set up some booths. It is a good way to enrich their experiences. Last but not least, it is great that students can learn more about the homeless and help to raise funds for them.

#### Conclusion

Since many students enjoy having post-exam activities, we believe they will be eager to join this meaningful event. This fair can enhance students' knowledge about the homeless and develop their skills. We sincerely hope that this proposal will be approved.



Chairperson

Social Service Club



#### Hong Kong students: keep fit and stay healthy

Although everyone knows that doing exercise is important to our health, a lot of students do not get enough exercise. No matter what the reasons are, there are various ways that they can adopt to keep fit and stay healthy.

Hong Kong students do not get enough exercise for a few reasons. First, they do not have time to do exercise. Students need to go to school, finish their homework, and do revision every day so they don't have enough time to do exercise. Besides that, Hong Kong students are not interested in exercising. Many students think doing exercise is boring. Some may even consider it boring to do exercise. Also, many Hong Kong students are addicted to electronic devices. For example, some of them use mobile phones to play online games 3 to 4 hours a day, ignoring the benefits of exercising.

What can students do to keep fit and stay healthy? First, students should have a balanced diet. For instance, they should eat more fruit and vegetables every day. In addition, despite having a busy schedule, students could allocate time to do exercise, such as exercising at least half an hour each day. This can boost their immune system and reduce lipids. Last but not least, they should go to bed early and sleep at least 8 hours a night. In this way, they can recharge their mind and body, lift their spirits and stay healthy.

All in all, Hong Kong students should do more exercise to keep fit. Also, they need to have a balanced diet and go to bed early to stay healthy.





#### Control the Weather

It happened on an ordinary and boring Monday. I woke up early in the morning, but I had a feeling that something strange would happen. After brushing my teeth, I heard a voice calling me. That voice was not like my dad's or my mom's. I felt scared at that moment. However, my curiosity defeated my horror. I went to find where the voice came from. Finally, I found that it was my cat calling me.

"Hey, Chris!" I was shocked that my cat called my name.

"Do you want to go to school today?" My cat asked.

"Emm...You know, it's difficult to answer this questions... as you know no one wants to go to school..." I pretended to be calm and replied.

"Don't you know that you have the superpower of controlling the weather?" My cat asked mischievously.

"No... that only happens in fairy tales. That doesn't make sense at all," I said with much doubt.

"My love, can you try to think that it's raining heavily and there is a thunderstorm outside?" My cat suggested.

I was so confused but I did what my cat told me. Suddenly, it started raining and there was a thunderstorm outside.

"Gosh! Am I dreaming? I can't believe that I can control the weather and my cat is talking to me," I said to myself.

"Hahaha..." my cat started laughing.

"Beep beep..." I finally woke up. "What a strange dream!" I said to myself.

When I was brushing my teeth, I heard my mom yelling.

"You don't need to go to school today! The black rainstorm warning has just been hoisted."



#### An Article

#### 3C 8 Lo Hoi Yan

#### How to keep fit

Why don't Hong Kong students exercise? There are many reasons why students are unhealthy. First of all, some students lack exercise because they don't have time. They think academic performance is more important. Some of them are more interested in online games, so they spend a lot of time on it. Secondly, students are lazy. They would rather put their energy into eating, drinking, and having fun. Besides, there are no sports fields or spaces nearby for students to use.

There are many ways to solve the problem. Students should be encouraged to do exercise. At school, they should join more sports activities. Teachers need to inform students about the significance of physical activity. They should reduce the time spent on playing games. They should devote more time to exercise. They can even use the stairs instead of taking the elevator.

To keep fit and be healthy, students should eat a balanced diet and drink more than eight glasses of water every day. They should spend at least thirty minutes to one hour every day exercising. For example, they can run, swim or cycle. In addition to exercise, students also need high-quality sleep. They should sleep for more than eight hours a day, go to bed, and get up early.

In short, students need to exercise regularly, eat healthily and have adequate sleep to maintain their healthy lifestyle.





#### Report on Students' Comments on the Tuck Shop

#### Introduction

A survey has been conducted to find out students' comments on the school tuck shop. One hundred students from Form One to Form Three have been interviewed. This report presents the findings, conclusions, and recommendations that result from the survey.

#### **Findings**

The survey asked how often students visited the school tuck shop. More than half of the respondents said that they sometimes visited it. 19% of them replied that they never visited it. The survey asked what students usually bought in the tuck shop. Half of the respondents said that they usually bought drinks from it. About a quarter of them reported that they usually bought lunch there.

The survey also asked what the main problem the school tuck shop had. The majority of the respondents said that there were limited choices of food. One-fifth of them complained that the food was expensive.

#### **Conclusion and recommendations**

According to the findings, most students sometimes visited the tuck shop and one-fifth of them never visited it. The main problems of the tuck shop were limited choices of food and the high prices. Therefore, it is suggested that the tuck shop could provide more kinds of food. Also, the prices of food could be lowered.



#### Report on students' comments on the school tuck shop

#### Introduction

A survey has been conducted to find out students' comments on the school tuck shop. One hundred students from Form One to Form Three have been interviewed. This report presents the findings, conclusions, and recommendations resulting from the survey.

#### **Findings**

The survey asked how often students visited the school tuck shop. 64% of the respondents reported they sometimes visited the school tuck shop. A few respondents said that they never visited it.

The survey asked what students usually bought in the tuck shop. Nearly half of them replied that they usually bought drinks in the tuck shop. 27% of the respondents reported that they usually bought lunch there.

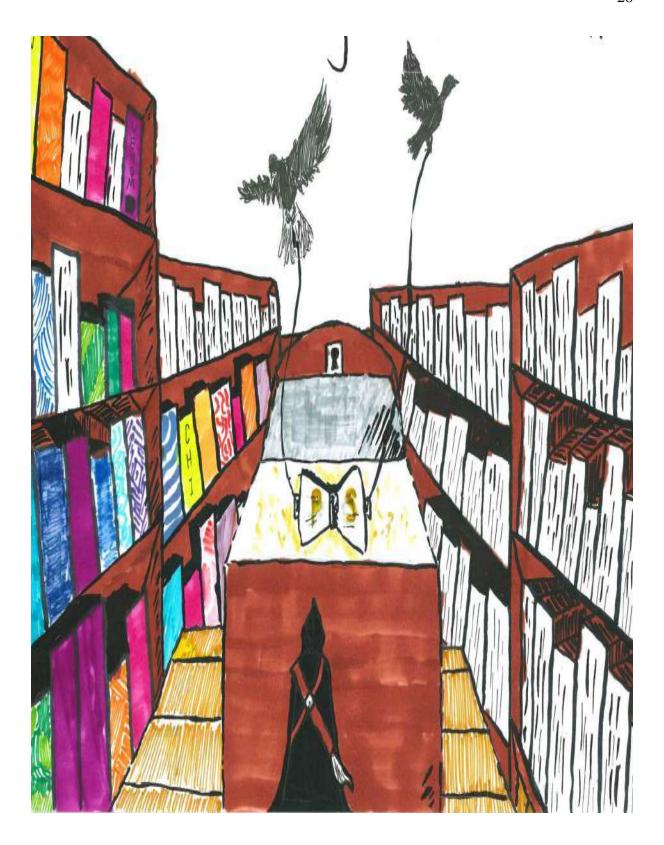
The survey asked what the main problem of the school tuck shop was. The majority of the respondents said that there were only limited choices of food for them to choose from. A few respondents complained that the food was expensive.

#### **Conclusion and recommendations**

According to the findings, more than half of the students sometimes visited the school tuck shop and they usually bought drinks there. In addition, the main problem students found in the tuck shop was the limited choices of food. Therefore, it is recommended that more choices of food be offered in the tuck shop.







## Form Four

#### **A Feature Article**

#### 4A Sin Ching Fei Faye



The Life of an Athlete

#### The best part of being an athlete

As a member of The Hong Kong Football Women's National Team, I have represented Hong Kong in some international games. Recently, I have just participated in the Tokyo Olympic Games on behalf of Hong Kong.

I think the best part of being an athlete is having chances to join some international matches. I could travel around the world to share experiences with athletes from different countries. Since playing football is my interest, it is wonderful that I can enjoy it while performing my job duties.

#### The challenges I have faced

Being an athlete is not as easy as you think. First, there is a lot of intensive training. We normally have 5 training sessions and one match every week. However, when we prepare for a tournament, we may need to have 2 training sessions every day. The schedule is very tight, so the training requires a lot of energy. I think the biggest challenge is suffering from injuries. Getting injured is the nightmare of every athlete as it may take a long time to make a full recovery. During the period of treatment, we need to stop our training. We always worry about whether our performance after rehabilitation can be as good as that of before.

#### My most unforgettable experience at school

My most unforgettable experience at school is joining the inter-school competition for the last time. We wanted to win the match as it was the last time we represented our school to participate in the match. It was a hard game but we did try our best. Finally, we became the champion. The experience always reminds me to strive for the best.

#### Stop Monitoring

In today's digital era, there is an increasing trend among parents to utilize monitoring software to manage their children's mobile phones. However, I strongly oppose this idea and I believe such practice comes with significant drawbacks and can be detrimental to the overall well-being and development of children. Arguments against parents using monitoring software will be presented below.

First, children, just like adults, have privacy. Continuous monitoring through software infringes upon this fundamental right and can lead to a breach of trust between parents and children. Also, respecting privacy is crucial in building healthy relationships and fostering independence and self-confidence in children.

Instead of relying on monitoring software, proper parenting and effective communication with their children is more beneficial in the long run. By fostering trust and encouraging dialogue, parents can educate their children about responsible internet usage, potential risks and how to navigate the virtual world safely. This approach promotes a sense of responsibility and empowers children to make informed decisions.

Also, excessive reliance on monitoring software can hinder a child's emotional development. It is essential for children to learn from mistakes and develop resilience. Constant surveillance can create an atmosphere of fear and impede a child's ability to explore and learn from both positive and negative experiences.

To sum up, although parents may have concerns about their children's safety and responsible internet usage, the use of monitoring software is not the only solution. Respecting privacy, promoting open communication, nurturing emotional well-being, and building up trust and autonomy are more constructive approaches.

#### Should parents install apps on their children's electronic devices?

Asian parents tend to be dominant over their children. Some of them install apps on their electronic devices to keep an eye on the children or even ensure how to use their devices dutifully. Although parents have much concern on children's safety, I firmly oppose this strict practice. It not only invades children's privacy but also worsens their mental health, or even the relationship between parents and children.

To begin with, parent's monitoring may invade children's privacy. This constant supervision can make the children think that they have no space or freedom to explore and make their own choices. For instance, parents tracking their children's actions would ruin their children's judgements on whether they should be close with somebody. Eventually, children would become overdependent on the parents on things around them as they might just follow the order of parents. This manipulation would cause children's failure to make decisions and struggle to assert themselves when they grow up. All these explains why parents' restriction on children's privacy would result in losing children's autonomy and students tend to follow parents' instructions on decision making.

Besides that, a high level of supervision could worsen children's mental health. Children may feel like they are constantly being watched or judged on their actions while using their devices. Parents' expectation and control over the children create overwhelming anxiety and stress. These undesirable feelings can affect their mental health or even the well-being of an individual in a long-term. Whenever children make any decisions, they may have anxiety that their parents are inspecting them. Therefore, these children may feel lost in developing their

self-esteem and self-confidence. They tend to be doubtful of their own abilities. Hence, constant supervision brings negative psychological effects on children.

Last but not least, excessive parental supervision on installing apps may worsen relationship between parents and children. By keep tracking on children's activities, parents would like to control all the actions of their children. In fact, they are able to make responsible decisions on their own. Children think that the parents are vexing on whenever they act. This kind of privacy invasion may result in making children feel suffocated especially after repeated arguments with parents. As a result, children may become resentful and begin to rebel and resist against their parents.

All in all, I strongly believe that parents should put a second thought on whether it is wise decision to install monitoring apps on the children's devices. This undermines trust and privacy, create unnecessary stress and anxiety for children. Worse of all, the action deteriorates the relationship between parents and children.





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An Email

F.4C Pang Ying Sha Sakura

Dear Holly,

How are you? I'm glad to tell you that I'm going to take part in a performance with the Singing Club next month. I am so excited! Let me tell you more about my club and the performance.

First, I have joined the Singing Club since I love singing very much. I'd like to perform in the singing talent show. You know, I have been crazy about singing since I was young. I am always dreaming about singing on the stage. My music teacher uncovered my talents so she invited me to join the club. It was such a pleasure to me! By joining the club, I'll have more chances to perform and train my singing skills and vocal techniques to control the volume, pitch and tone of my voice. It's important to practise regularly with or without the musical instruments or other singers. All the teachers-in-charge and schoolmates in the club are kind and helpful too. I have learnt a lot from them. They do not only share with me the singing skills but also how to perform in front of the audience as well as the manner to deal with stress. They are really nice, knowledgeable and experienced.

About the performance, I'm going to sing some pop songs, including my favourite K-pop. Many schoolmates are fond of it. I always listen to it and get myself familiar with the rhythm and style too. I love the song called 'the Beach' very much! I'm going to have solo singing. I feel so excited but also anxious. I am finally able to have a chance to sing songs in solo on the stage! I can collaborate with other singers in ensembles, bands or choirs too! Hoping that I won't feel so nervous on the stage on the day of performance. Otherwise, my hands will be full of sweat and I couldn't sing loud enough. Well! I have to say, this performance is really important to me. This is a wonderful chance for me to perform and act like a singer.

I'd like to encourage you to join the Singing Club. Will you join the Singing Club next term? Come on, don't be such a shy girl! I know you love singing and it is a dream to become a singer. Joining the Singing Club is good for you. You can learn a lot from joining the club. Teachers will teach you how to sing better and give you a chance to be a singer. There is no need to worry about joining the club. I'm here with you. We can practise singing and perform together. We can explore more possibilities by joining the club. I found that I have gained much confidence especially after having stage performance. My teacher told me that the club is considering holding an exchange tour to Korea next term. I believe we can leave our comfort zone and learn much from this trip! You shouldn't miss it. So,

let's join the Singing Club together! Can't wait to see you in the club and singing with you. You are very welcome by the club.

Keep in touch and ask if you have any problem about the club. Even though I can't answer all of your questions, there are inspiring teachers and courageous schoolmates around to give you a reply. Write back soon!

Best wishes,

**Chris Wong** 





A Formal letter

4D Kwok Chun Hei Terry

Dear Sir/ Madam,

I am writing on behalf of the Sports Club of Pentecostal School to make suggestions regarding a donation of some old equipment from your sports centre to our school gym. We have heard that your sports centre is conducting a renovation and has just purchased some new sports equipment. Therefore, this donation would have benefits for both parties.

First of all, our school gym's equipment is very old. For example, the pedals of the cycles are no longer working, the yoga mat has faded, and the gym balls are flattened. Besides, our school lacks money to buy new equipment. Donating your old equipment will encourage more students to do sports.

Secondly, even though our school has a lot of academic achievements, we have rarely won prizes from sports competitions because most of our students only focus on studies and rarely do sports. Donating gym equipment will benefit our students mentally and physically as well. In

this way, students will be more willing to participate in sports activities and hopefully represent our school to gain more achievements from sports.

A great benefit for your sports centre through the donation is to help build a good company reputation. Your generosity would show that your sports centre upholds social responsibility and is keen to help the needy in the community. If you could provide a poster, we would display this in our gym. This means your sports centre will be credited by our school forever. Besides, instead of discarding all the cutting-edge equipment, your donation truly demonstrates your organisation's corporate responsibility on environmental sustainability.

Thank you for taking such a long time to read this letter. We would be grateful if you could consider our request. If you are interested, please call me on

64943721. I look forward to hearing from you soon.

Yours faithfully, Chris Wong Chairperson Sports Club Pentecostal School



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An Article 4D Austin Wu

#### **Streaming Platforms are Gaining Worldwide Popularity**

Over the past few years, streaming platforms like Netflix and Amazon Prime Video have been gaining worldwide popularity. These platforms have attracted increasingly large numbers of subscribers every day. Their revenues have increased exponentially, creating a whole new domain for the movie industry. Have you ever wondered why this kind of phenomenon is happening? In this article, I will examine the reasons behind the development of these streaming platforms and in what ways they have changed teenagers' habits of watching films and videos, as well as what impact

such changes may have on society beyond the immediate confines of the entertainment industry.

To commence with, a primary reason why streaming platforms have become popular is because of the horrific effect of the COVID-19 pandemic. During the pandemic, people were limited to their domestic residence and were not able to venture beyond the immediate location. All outdoor activities had been migrated to the digital world and that included watching movies. People were not able to sit in a cinema for obvious health and safety reasons. As a result, people sought to replace the pleasure of cinema entertainment through the streaming platforms such as Netflix and Disney Plus. These platforms provide convenient and inexpensive forms of consumption for young people and their accessibility has increased consumption and commercial popularity. For instance, "Squid Game" and "Star Wars Mandalorian" were popular movies and caught the eye of many subscribers at that time.

Streaming platforms are important and one of the things they have changed is the teenagers' habits of watching films and videos. Streaming platforms allow easy access to teenagers for watching movies. Two clicks on your laptop could lead you into a world of fantasy. This leads teenagers to spend more and more time in watching films and videos. This may be to the advantage of the promoters of streaming platforms, but it may have a detrimental effect on the habits and good health of teenage consumers. Watching large numbers of movies, particularly in isolated circumstances may be injurious to young consumers. Teenagers who have only a limited experience of the world beyond full-time education, may lose track of reality rapidly and this could be dangerous and harmful to the development of young people preparing to engage in the world beyond school.

Conversely, the impact of streaming platforms may not necessarily be all negative and in some cases, they may even have a positive influence on their viewers. A balance in the number and types of entertainment consumed may have a life-enhancing impact on recipients. Streaming platforms may also provide a wide range of entertainment for the users, increasing vocabulary range and understanding, improving

general word usage and levels of language sophistication and comprehension. However, the impact on the cinema industry may be egregious. People tend to subscribe to streaming platforms to such an extent that they no longer wish to attend movies at the cinema and hence may contribute to the closure of theatres. This has altered the financing and organisation of the cinema industry, although the implications of this are not yet fully understood.

In conclusion, it is clear from this article that streaming platforms have had an impact on society in general and the nature of the cinema industry worldwide. Streaming platforms have developed their popularity due to the COVID pandemic, making them a safe and inexpensive alternative form of entertainment. They are convenient and widely accessible for young viewers, who do not need to travel long distances to enjoy movies. Unregulated accessing to streaming platforms may present a danger to young people. However, if this is properly controlled and well-regulated, they can only contribute to a healthy and exciting film industry in the future. The development and popularity of streaming platforms has had a positive impact on society

and for the industry in general.



A Feature Article

**4D Andy Leung Ching Ho** 

### The best part of my job and the challenges I have faced

It has been five years since I started my baking channel. You may know me as my nickname 'Chris the Baker'. I believe that the best part of my job is that I could share my creations online and make companions around the globe. Connected by the joy of bakery, I could receive ideas and suggestions from people on the other side of the world! Isn't that the most pleasurable thing you could possibly imagine?

Although I am a very popular YouTuber now, I have also faced challenges like the others did. At the beginning of my career, I did not receive a single pound

from uploading baking videos. Editing videos was no more than just a burden on my financial situation. I was relying on my passion for baking delicious desserts. As soon as I continued, I finally received requests of posting commercial advertisements from different companies! And now, I am a full-time YouTuber uploading videos regularly!

### My most unforgettable experience at school

In my school days, I wasn't the most intelligent nor the most hardworking student. All I did at home was playing video games endlessly, and I had a terrible sleep schedule. I could not find what my interest was! But my mother, who is also a professional baker, scolded me for my laziness. Soon I realised that I should not be wasting time all day. This made me reconsider what my goals were and how they should be achieved. I started to pass exams with flying colours and I achieved qualification for the Shanghai Baking Academy – all thanks to my mother!

### What I learnt at school that helped me to succeed

As one of the alumni of the school, I think the most important experience that guided me towards success is the "Star Programme". From the programme, I learnt skills needed for my future career. For example, camera setting, video editing etc, which have helped me have an easier way to enter the industry. If you wish to pursue your dream as a YouTuber, I hope my experience could inspire you. "Rome was not built in one day!" Don't give up, and amazing things will happen.

### An Informal letter

4D Rose Ng Ka Ying

**Dear Pat** 

Sorry, it's taken so long to write. I've been very busy recently. My Form 4 school life is busier than I expected. There is a bunch of things waiting for me to do every day and I don't know how to allocate my time! It's so good to know that you've finished your studies. Please give me some suggestions on time-management. I really need that! Luckily, other than this, there is something that I'm glad to tell – I've finally joined the Photography Club this year! As you know, I always love to visit

different places and take beautiful photos. I have dreamed about that for so long! Now, my dream has finally come true!

I'm so excited since you told me that you're going to visit Hong Kong in September. Hong Kong is really a special place in the world. It mixes both British and Chinese cultures. When you come to Hong Kong, you will feel that, and you will absolutely be shocked by it! Oh, since this is your first time to visit Hong Kong, I suggest you prepare an Octopus card (a convenient payment method in Hong Kong) and download a translation app, just in case.

As you're travelling on a budget, I will recommend some places where you can visit at low cost. First, I think you could visit M+, which is a new museum in Hong Kong. You can see different exhibitions with a wide range of topics. One of it is called 'Hong Kong in 1990'. It is about the history of Hong Kong. Viewing the exhibits, you can literally explore a different side of Hong Kong from what you see on the Internet. Also, you can feel the special culture of Hong Kong through the Hong Kong Palace Museum (HKPM), located next to M+. I know you are curious about what you can see in HKPM but I'm not going to tell you. Go and visit the museum if you really want to know.

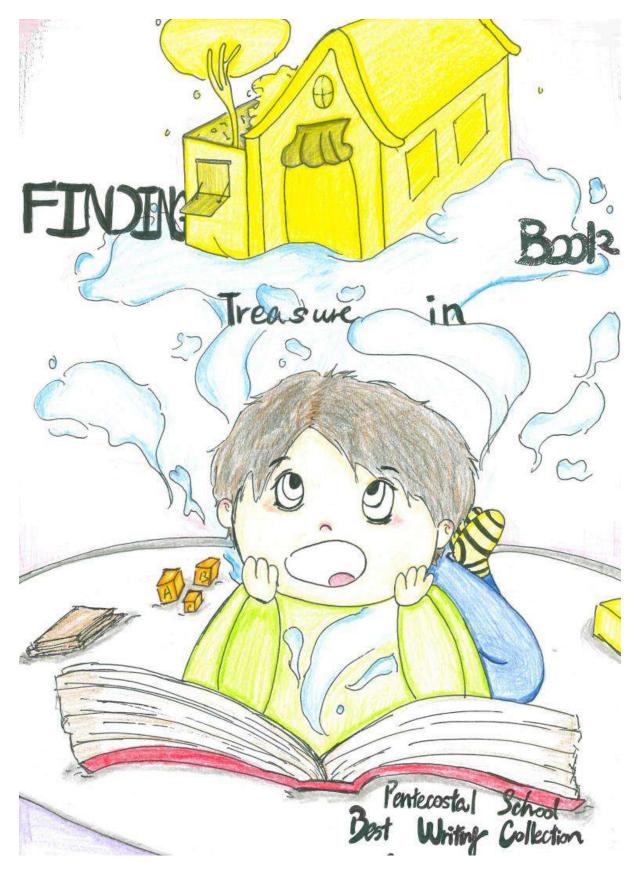
Besides visiting museums, another suggestion for you is to visit Kowloon Park in Tsim Sha Tsui, which is one of the Hong Kong's most famous commercial centres. I bet you have never thought that you can see a large park in the middle of this concrete jungle! There is a scenic area in the park-home to over 130 types of birds. Sitting on the bench, you can view the scenery of animals, plants and skyscrapers. What an enjoyable experience of life!

When is the specific date for you and your friend to come? Are the 5 days of your visit going to include a weekend? If so, let' have lunch together?!

Hope to hear from you soon.

Best wishes Chris





## FORM FIVE

A Proposal 5A Winnie Lin

### Suggesting a new sport to International Olympic Committee



Dear President,

I would like to suggest a new sport to be included in future Olympics, and I'm writing on behalf of Kowloon School to propose Dragon Boat Racing.

First, we believe that Dragon Boat Racing appeals to young people. The young people who join the Dragon Boat Racing can strengthen their social skills, as when they paddle, they must work together and communicate with each other. Also, nowadays many young people try high-intensity sports to look for excitement, so Dragon Boat Racing can definitely attract young people.

Secondly, we think that Dragon Boat Racing can promote gender equality. Many people think that Dragon Boat Racing is just a male-dominated sport. In order to break with tradition, we can add a rule that teams taking part in Dragon Boat racing should be mixed teams, so that this sport can be open to both genders, promoting gender equality in the Olympic Games.

Also, Dragon Boat Racing can draw attention to wide media coverage as it is a sport that is unique to China, so this can be of great interest to the media globally. When news and videos of the event are broadcasted and posted on the social media, people around the world can know more about China, building cross-cultural connection. In order to integrate sports in a traditional festival, we can include Dragon Boat Racing.

To conclude, we believe that Dragon Boat Racing could appeal to young people, promote gender equality, and attract media coverage. In order to break with tradition and build cross-cultural connection, we suggest including Dragon Boat Racing in the upcoming Olympic Games. We hope our suggestion will be useful and can be implemented.

Yours sincerely, Chris Wong

### A Letter of Proposal

5B Yau Hoi Ching

Dear Sir/Madam,

I am writing to suggest two activities for the language arts festival during the summer break. As the chairperson of our school's Poetry Club, I strongly believe the activities would enhance students' interest in learning English.

First, the library could organize a word memorization competition. In this competition, students could recite a given set of vocabulary within a designated time limit and compete against their opponents. This interactive activity aims to encourage students to review and memorize useful words in order to win the competition. Additionally, the follow-up discussion session, where students share their experiences and reflections, would reinforce their learning and help them better understand the vocabulary. By participating in this event, students could foster their English pronunciation skills and expand their vocabulary, which would ultimately enhance their interest in learning the language.

Another proposed activity is an "English Bible Time" event. Participants could discuss and have a Question-and-Answer session on the content of the English Bible. The objective of the activity is to provide a more comfortable environment for students to practise their English speaking skills. By discussing the Bible verses with their peers rather than with their teachers, students may feel more at ease and be more willing to articulate what they have learned. Furthermore, they could learn valuable English idioms and phrases from the Bible texts, which would boost their confidence in using the language. We believe this activity would prompt students to further explore the English language and its nuances, thereby stimulating their interest in learning English.

In conclusion, the language arts festival is an excellent opportunity for students to engage with the English language in a fun and interactive manner. We sincerely hope that you will find the above recommendations useful and consider implementing them during the upcoming festival.

Yours truly, Chris Wong





#### A Formal Email



### 5C Cheung Pak To

Dear Ms Li,

I am writing to suggest an author be invited to the 'Meet the Author' event during our Reading Week.

The author I would like to suggest is the notable comedy genius Chow Sing Sing. His books, which are prevalent in Hong Kong, are often discussed in our school. I am confident that his presence would make the 'Meet the Author' event highly appealing and engaging to students.

Mr Sing possesses many qualities, making him a perfect author for our event. He is passionate about current affairs issues and phenomena. His recent books closely relate to popular controversies like animal abuse, environmental stakes, relationships, etc. These topics are presented in satirical novels, which make his comedies stand out. His older works are still relevant today because they are so beloved and iconic.

He also has a life of a movie, so he has tons of unique and fascinating stories to tell our students, like the time when he was a cop and went undercover as a student in a school to catch criminals, or the time when he won the football championship of Hong Kong or the time when he mastered gambling and won a big prize on a gambling yacht. Although these stories are documented in his books, our students would be thrilled to hear them from Mr Sing in person. His presence at the event can blow other candidates out of the water.

Despite his immense fame, Mr. Sing keeps a low profile because he believes appreciation outweighs recognition. Unlike other big-name authors, Mr. Sing would be more than happy to be invited to our event.

As mentioned, Mr. Sing is a writer with stories to unfold, so a book discussion meeting with him and our students would be delightful. This could be an interactive discussion where students can ask Mr. Sing questions about his books and writing process. Students can improve their English-speaking skills and amplify their confidence while chatting with Mr. Sing. Students can pick their own Mr. Sing's book and discuss it with the author. This could potentially intrigue students who are not interested in reading and might be inspired to read.

In addition, we can hold a writing session with Mr. Sing and let our students co-write a story with him. This would help students understand the writing process and further encourage them to read more books. Students can also learn writing skills from Mr. Sing.

In conclusion, I believe Mr. Sing should be invited to our event. Our students will benefit significantly if Mr. Sing is invited.

Yours sincerely,

**Chris Wong** 

### A Letter to the Editor

### 5C Fu Sheung Him Matthew

Dear Editor,

I am writing to support the promotion of two unique and culturally rich features of intangible cultural heritage: mahjong and calligraphy. These are not just games or art forms but integral parts of our cultural identities. By maintaining these practices, we can deepen our understanding of Chinese cultural heritage, fostering a sense of pride in our heritage.

There are several reasons why I select playing mahjong as one of the cultural heritages that the government should promote. Mahjong has been an extremely popular traditional activity in Hong Kong for a long period. It was founded and originated in the ancient dynasties of China. It holds a deep and impactful meaning which has a long-term history. In addition to its historical value, people in the modern era and the previous generation symbolize playing mahjong together as a sign of reunion with friends and relatives. Besides that, there are various benefits to playing mahjong. Several studies have shown that playing mahjong can increase IQ comprehension and critical thinking. It has been proved that the game can reduce the risk of dementia and Alzheimer's disease. To conclude, its historical meaning, symbolic importance, and benefits for human health make playing mahjong a worthy feature for the government to preserve.

On the other hand, calligraphy is also an extraordinarily historical and beneficial feature of the cultural heritage, making it another cultural activity for our government to promote. Firstly, calligraphy was found in the Han Dynasty. This implies that calligraphy has been around the world for over 2000 years. In the past 2000 years, various renowned Chinese calligraphists from ancient times were born and made a career of it. They are excellent examples for people to learn from, such as their personalities and attitudes. Secondly, the traditions of calligraphy have been extended and have not been abandoned or forgotten until now. Calligraphy has blended into our lives and become indispensable, such as the Lunar New Year, where people write Fai Chun with calligraphy. There are also calligraphy lessons in primary schools and Chinese culture lessons in secondary schools. Lastly, calligraphy helps us to correct our hand posture and position when writing. It also allows people to stay focused and gain lots of patience. Most importantly, it brings a sense of accomplishment and helps us to remain calm

while doing highly concentrated tasks. To conclude, the benefits of calligraphy and its historical significance in promoting Chinese culture are undeniable. Consequently, the features of the heritage could be more noticeable and well-known.

In order to protect the valuable features, the government should set up competitions for both cultural features. Besides, the government should legalise more mahjong playing centres to allow people to play it. Advertising is also an effective way to publicise and protect these features. The more people know about them, the more well-known they will be, which will protect them automatically and prevent them from fading off. To summarise, mahjong and calligraphy are worthy of protection due to their historical meaning and symbolic significance. These two activities are not only meaningful, but they also bring benefits to people who participate in them. By protecting and promoting these two Chinese cultural practices, the government should take a more active role in spreading the messages behind these notable cultures. Hence, the public can know more about their unique meanings. It could also help the government enhance its fame in protecting Hong Kong's cultural aspect.

Yours faithfully,

Chris Wong

Chris Wong





Good morning everyone, I am Chris Wong, one of the participants who took part in the training course offered by school last month. Are you interested in the training course? Let me tell you my experience of joining the course and what I have learnt from it.

Firstly, let me tell you how the course enhances my problem-solving skills. I remember the first day I joined the course, we were told to prepare our lunch independently, so we had to go to a nearby market to buy the ingredients for cooking. Without any assistance, I had to face the 'challenge' on my own. As a teenager who seldom cooked at home, I had to search for a recipe and follow the steps suggested on the Internet. At the beginning when I used a knife to cut the ingredients for preparation, the knife hurt my finger and my finger bled. Also, when I tried to add some salt, I mixed it up with sugar and added it to the dish wrongly. I met so many problems during cooking, but the more I tried, the more I learnt. After cooking for several days independently, my cooking skills improved, and I felt so proud of myself! If I had not taken part in the training course, I would not have learnt to make adaptions and solve problems independently. Therefore, I was glad about my decision of joining the training course.

The participation in the event has not only cultivated my life skills but also boosted my confidence. As a shy person, I usually speak softly and I am unwilling to seek help from others. During the training course, the participants were grouped in four to play in a team sport. As you know, team sports always involve working with teammates for a common goal, so it is crucial to talk and discuss strategies with teammates together. As I talked had to my teammates more during the game, my communicative skills and collaborative skills improved. After the training course, I was no longer shy when talking to others. Communicative skills and collaborative skills are vital life skills, which can enhance your competitiveness in future workplace. If I had not participated in the training course, I think I would still be that shy and timid person.

Last but not least, joining the training course help relieve stress. As a Hong Kong secondary school student, I often feel stressed and depressed with a lot of homework and quizzes in the school days. A recent survey conducted by Hong Kong University

showed that students who spent too much time on homework experienced higher risks of suffering from mental disorders. Stress also leads to anxiety and sleep deprivation. Joining the training course provided me with an opportunity to take a break from the hectic schedule and unwind, which relieves my level of stress.

I felt so grateful that I have participated in the training course as I learnt different vital life skills and my stress can get relieved during the course. Besides, I enjoyed the vibe of the training course as schoolmates and teachers always were supportive and gave me useful advice. If you ask me whether I regret participating in the training course, my answer is absolutely no. The course has brought me happiness and it is productive to my future.

In conclusion, joining the training course brings a vast number of benefits. what are you waiting for? Come and join the upcoming training course! I can promise you, you won't regret it.

Thank you for your listening.



A Story 5D Mak Hoi Ying

### The Lord of Crime

The story began with Detective Peter and his assistant, Mary. They had a conversation in their office.

"Peter, what are you concentrating on? Are there any cases to handle?" Mary was passing the tea to Peter. He grabbed the newspaper in his hands. "Something interesting has happened," said Peter, crossing his legs calmly and confidently.

The headline of the newspaper was written in bold: "Artworks damaged under the world's highest security museum."

"Hey, Peter! It's impossible for the public to have contact with the paintings and statues at the Hong Kong Museum of Arts. They are all protected by the strongest crew of guards and are locked in a completely closed room. It's inconceivable!"

Mary was panicking over the news.

"I have already got a clue."

Peter took a sip of the tea and gazed at Mary.

"I'm sure I can catch the criminal within a day. It's way too obvious. Let's go to the museum now."

Peter put on his hat and coat, rushed to the front door, followed by Mary.

On the way to the museum, Peter asked Mary something suspiciously.

"Where did you go last night, Mary? I did remember you went out, but I didn't hear the door," Peter doubted.

"Well, because I've got my keys!"

Mary flinched and snapped away her glance from Peter.

"Oh, never mind then."

Peter smirked in an inexplicable way which sent chills to Mary's spine. Mary started to keep a constant distance with Peter.

Both arrived at the museum. Peter showed his detective working identification to the guards in front of the damaged artworks.

"Huh, so all of you have an alibi except Mr. Smith, the new crewmate?"

Peter investigated the whole room, collecting fingerprints on the artworks and cross-checking further details from the working guards in a serious tone.

"Exactly, Mr. Detective. Our crew found out the artworks were damaged last night after returning from the gala dinner. Mr. Smith was the only one who was absent last night, and he hasn't come back to work since. I wonder where he is. Since only the guards can access the room, he must be the criminal, Mr. Detective," said one of the guards.

"Well, Mr. Smith is right here, in front of you. Come here, Mary. Don't you dare run away from me!"

Mary was trying to sneak out of the room. She turned the knob of the door desperately, but it didn't work. Anxiety and fear were shown on her face. Her arms were gripped tightly by Peter while she was struggling to escape. However, that was no use.

"Hey, Mary or should I say Mr. Smith, what was your intention?"

Peter started at Mary using the sharpest gaze. There was venom in his voice.

"Let go of me! If only you had paid me more, I wouldn't have to destroy the artworks just to bait you out and murder you! I wouldn't have disguised as a man and stolen the keys from the real Mr. Smith! How did you know that I am the one who did it?"

Mary was furious.

"Oh, that's easy! Remember I asked you how you entered our home last night and your answer was using your keys? You know our front door has been installed with an electric lock, right? It doesn't even have a keyhole on it! And the coat and the hat that I am wearing now hadn't been taken out under my bed for almost ten years. I guess you must have stolen them from me to disguise as Mr. Smith and you forgot to put them back," Peter giggled mischievously.

"You should have paid me more so that I could leave that dilapidated office! It's all you fault, Peter!"

Mary went completely mad, and she pulled out a gun. She aimed at Peter.

Suddenly, all the guards engulfed Mary. "Drop your gun and surrender! You are now under arrest, Mary!"

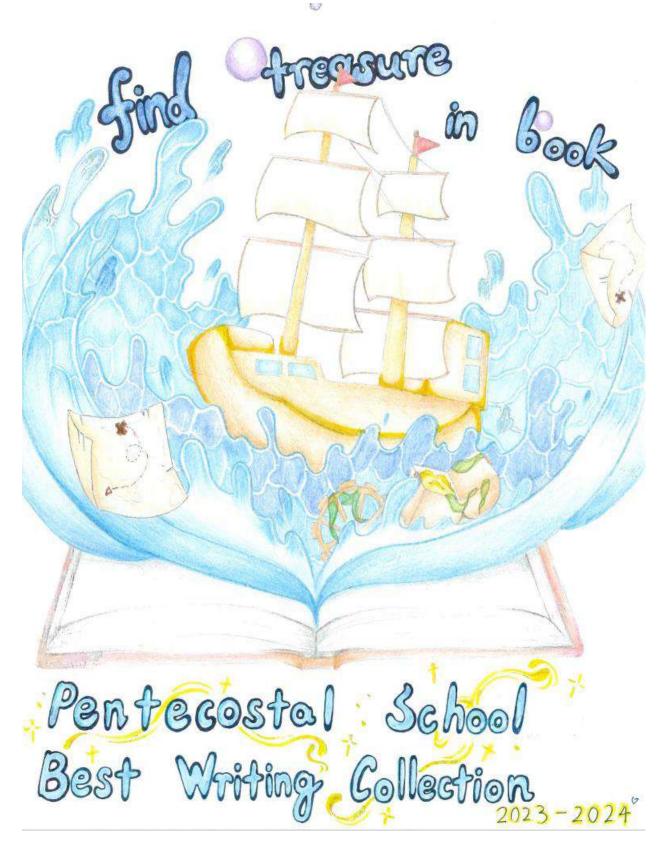
Peter let out a sigh of relief and left.

In the office, Peter laid on the sofa. He took off his hat and coat, sipped the cold black tea. "Maybe I should find a new assistant and pay her more."









# FORM SIX

### An Article 6A Eric Lo Kam Ki

### The Joy of Playing Drama

Many of you may think that drama is tedious, simply performing a character on stage. However, this is not what I think. In fact, drama has taken the world by storm with its benefits. Our school has introduced drama into our English lessons, and I did not expect that I would become enthusiastic about playing drama and gaining benefits from it. This begs the question: what do I enjoy the most?

When you ask me about the things I like the most, I would definitely say the characters. You may think it is ludicrous, but I can truly experience the situation of the character. I recall when our English teacher asked me to act as Romeo. I'm sure all of you have heard about Romeo and Juliet. The story talks about the romance between two Italian youths from feuding families. When I was learning the script, I experienced the frustration of Romeo due to the "death" of Juliet. In the script, Romeo and Juliet are deeply in love. Thus, I tried to act as Romeo and learn more about his traits. During the performance, I completely immersed myself into the story and truly believed I was Romeo. I experienced Romeo's love for Juliet by following the script. And that's why I love drama. Everyone's life is unique, and through drama, I can experience lives as different people, which is extremely meaningful and intriguing. Can you imagine being able to act as your favorite character through drama? It is a memorable experience in your life. Only through drama can we have the chance to learn more about characters, something not available through reading and lessons alone.

During the drama, we were asked to perform in front of the class. Before that, we had to go through several steps to prepare. We were required to research relevant information, including the background, clothing, and characters. The purpose of this step was to have a better understanding of the drama and to help us perform better. The second step was to read the lines together. This helped us become familiar with the

script and prevented any mistakes during the performance. In this process, we also had to focus on the emotions conveyed in our lines. It is important that we read the lines with the appropriate emotions. If we read them without any emotions, the drama can become extremely boring. The third step was to participate in rehearsals. During rehearsals, we were required to memorize the lines and practice our movements. This helped us build confidence, ensured we were familiar with the material, and allowed us to polish our presentation skills. Finally, we performed in front of the class. Due to our efforts, the drama was successfully accomplished. Don't you think it is interesting? If I were you, I would strive for more opportunities to participate in drama.

What can we benefit from drama? I strongly believe that everyone can learn communication skills through drama. In drama, we have numerous opportunities to communicate with each other. We need to focus on each other's eyes when we are speaking. This not only ensures that we know the other person is really listening and speaking, but also demonstrates our respect. We also use body language in drama, which is very useful. Our classmates can understand our message more effectively through body language. Students will benefit from participating in drama. Given the negative impacts of COVID-19, I sincerely recommend that students should engage in drama. Due to COVID-19, our communication skills have deteriorated. Therefore, students are highly encouraged to join drama activities. Communication skills can be used not only in school but also in the workplace. The better our communication skills, the more vocational opportunities we will have. Students will be more competitive if they participate in English lessons through drama.

All in all, students can enhance their communication skills by participating in drama activities within English lessons. I hope there will be more drama lessons for all





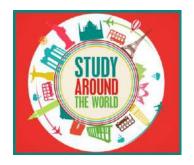
### **Student Application Form**

A. Why do you want to join this programme?

Joining this programme presents a unique opportunity to immerse myself in a new culture, enhancing my global perspective and intercultural communication skills. It offers an academic challenge through a different educational system, encouraging personal growth and intellectual development. I seek to build an international network and friendships, which can be invaluable for future collaborations. The program also aligns with my career aspirations, which provides practical experience in a global context. It's not just about studying abroad; it's about becoming a global citizen and getting ready to contribute positively to an interconnected world.

B. What are the possible difficulties you may encounter when joining the exchange programme and how will you solve them?

Joining an exchange programme may present difficulties such as cultural adaptation, language barriers and academic integration. To navigate cultural adaptation, I will engage with local customs and participate in cultural activities to foster understanding and respect. For language barriers, I'll take language classes and practise regularly with native speakers to improve communication skills. To ensure academic integration, I plan to collaborate closely with advisors from both my home and host institutions to align my study plans with expectations. By being proactive and resourceful, I aim to transform these potential challenges into opportunities for personal growth and learning.







### An Article 6C Lee Sze Mau

### A Day in Life

Hello everyone, I'm Chris, a singer. Have you ever thought about what a celebrity do every day? Are we busy or chilled? If you want to know us more, you should read on.

Let's start with my routine on a performance day first. A performance day is far busier than a shooting day. If someone is late or absent, the schedule will be delayed. To avoid that, I always wake up at five o'clock. Also, to present the perfect image in the performance, I can't eat too much as my abs may disappear. So, a cup of coffee is the best choice to me. After having my breakfast, I go to the show location and start the dress rehearsal. When everything is all ready, the show will start.

Once I've finished the show, I often choose hotpot for dinner to keep my energy. Then, it's my 'me-time'. After a productive day, I feel exhausted. I need to stay in bed and watch YouTube, TikTok and reply messages sent by fans to relax until I feel sleepy.

I must share my daily life with my staff to you all. Most people believe that staff members are not close to celebrities. It's totally wrong. My team members always work in harmony. My photographer loves to find unusual angles to take photos of me. The photos taken by him bring us joy and laughter every time! Stay tune to my social media, I will share with you all and you will understand how hilarious it is! At the end of a working day, I will buy them bubble tea to thank them for their effort. They are amiable, friendly and enthusiastic about their work. They always try to make fun interaction with me as they don't want me to feel dull. Working with them really makes me feel lucky.

How I modify my mindset when I receive negative comments is a question a lot of people are curious about. To be honest, I was overwhelmed with the castigating comments when I was young. A few years ago, I even tried to commit suicide. I used to be anxious and was doubtful of myself. But now, I am not anymore. The most effective way to control my emotion is to ignore those dumb comments. Haters try to make you feel sorrowful with grief by posting bad comments about you. They attack your personality and your appearance, which are pretty much everything about you. However, they know nothing about you. They just post negative comments blindly. Even though I try my best to ignore the haters, I still feel hurt sometimes. To combat depression, I usually take a shower while listening to uplifting music.

That's the end of my sharing. Are you surprised by my daily life or do you feel it is boring? No matter what you think, I still want to thank you for reading this article to know

more about me. At last, I would like to thank my fans. Their love and support bring me a better life.

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An Article 6D Adrian Wong

### **Dining Experience through Clicks**

Most of us have likely had a few experiences in our lives of ordering meals through delivery apps in this era of the Internet, especially during the pandemic in which the hazardous virus was running rampant all around our neighbourhoods. Undoubtedly, online food delivery apps have already contributed tremendously to our society and have become a major and indispensable component of our daily lives. Despite that, the online food delivery industry experienced downturns after the pandemic. How well would it fare in the post-pandemic future? You might ponder. Perhaps we should delve into the rise of food delivery apps and their current affairs.

First and foremost, while we are not exactly clear on the pioneer of delivery apps, a similar concept of ordering takeout first emerged half a century ago in the motherland of fast-food culture, the United States, in a form called the drive-through. This customer service originated at In-N-Out, a beloved burger chain. In-N-Out, which was located on the West Coast of the United States in the 1940s, was in search of a method to shorten the time of queueing in the hope of keeping their customers satisfied. It turned out to be an absolute blast for their sales. Customers who initially detested waiting in a long line can now order food items and purchase them without leaving their seats in their vehicles. It is beyond question that the drive-through was innovative, yet all the convenience that the service provided made it skyrocket in popularity in the fast-food industry. Within a few years, this kind of customer-friendly service was all

over America, not just in the food industry. It was evident that providing a convenient and accessible service that allows customers to order their food items increases customer loyalty and encourages repeat visits, even if only for a smoother experience.

Moving into the 21st century, the invention of mobile smart devices meant that delivery services were ready for another evolution. The Internet acted as the breeding ground for all the new technologies, so transnational enterprises like Amazon were receiving incredible success in the field of delivery. At the same time, traditional food corporations such as Pizza Hut had already implemented systems to handle orders through calls for years. Not long after that, companies tested the idea of integrating drive-through and ordering on phones together. Online food delivery apps like Food Panda, Uber Eats, and Deliveroo—all these reputable apps with many established delivery networks around the world—came into sight during that period. That was indeed the spring of the online delivery industry.

So, how exactly does online food delivery work? It all begins with a few clicks and taps we make on our screen. The eateries would instantly be presented with the orders we made the moment we finished choosing our payment methods and called it a deal, then we could step away from the screen and wait patiently for our orders to be taken care of meticulously. Through prompt reactions by the restaurant owners, our meals can be prepared within fifteen minutes at their best.

Things then get more interesting after our meals have been prepared. The delivery staff nearby will all receive notifications of our orders, and they can decide whether they want to take your order. Also, there is a reward system built into the daily wage of the delivery staff to encourage more rapid responses to customers' orders over a shorter waiting time; the quicker you pick up and deliver the order, the more you get. This incentive not only motivates delivery staff by offering rewards based on their job performance but also helps setting up a good corporate image to appeal to users for their speedy delivery. Despite how fabulous the system sounds, there are still some noteworthy flaws. For instance, some delivery staff members risk road safety for the

sake of delivering the orders a minute earlier. However devoted they are to their vocation, this kind of action is still not appreciated under all circumstances, let alone the fact that most of the delivery staff just wanted to gain a cent or more from it.

To conclude, it is undeniable that online food delivery apps have played a crucial role in facilitating our dining experience for the past decade. While for the future, many consider it to be unclear and not promising, frankly speaking, I am still optimistic about the online food delivery industry, as it is apparent that the online trade trend is still going viral after the pandemic. I firmly believe that the downturns that the industry is experiencing are just a temporary transition; they will thrive for the remaining century, as America craved for drive-through a century ago.

### A Formal Letter

6D Yip Chi Kit

The School Management is considering a four-day school week. Students would only need to attend school four days a week instead of five, but the length of each day would be increased by one hour.

You are a member of the Parent-Teacher Association (PTA). Write a letter to the President of the PTA stating your opinion either for or against a four-day school week. Give reasons to support your view.



Dear President,

It has come to my attention that the school management is considering a four-day school week. I would like to share my opinion about this consideration.

The traditional five-day school week has been a long-standing norm in education systems worldwide. However, in recent years, there has been growing demand in exploring an alternative mode –a four-day school week. Advocates argue that reducing the number of school days per week can bring numerous benefits, including improved academic

performances, enhancing students' well-being, and increasing their operational efficiency. I totally support implementing such measure.

Some may say reducing the number of school day per week will adversely affect students' academic performance. In fact, the practice of a four-day week does not necessarily lead to a loss of class instruction time. By redistributing the same number of school hours over four days instead of five, students can gain from having longer lesson time which allows teachers to delve deeper into the subject matter, engage students in meaningful discussions and facilitate more hands-on learning experience. As a result, students can develop a better understanding of the materials and enhance their critical thinking skills.

As a parent of a form five student, I truly understand what our students are experiencing. The traditional five-day school week places a tremendous burden on students, especially those working towards HKDSE, completing this endless cycle of homework and revision. This may lead to unsustainable stress, fatigue, or even a complete burnout. By transitioning to a four-day week, students are provided with an additional day for rest, relaxation or even the possibility of pursuing non-academic interests. In this examoriented education system, Hong Kong students are filled with stress. Whenever talking with my friends in other countries, they share about their children learning archery, horseriding and golf in their free time while my son is always revising in his room. As a parent, I often blame myself for not being able to send him to study overseas. If the four-day week could be implemented, the longer weekend should allow them the time to be recharged both physically and mentally, leading to improved mental health and overall well-being. Moreover, the extra day-off enables students to engage in extra-curricular activities, community services, internship, or part-time employment. These experiences ultimately contribute to their healthy personal growth and development. Additionally, students can spend more quality time with their families, resulting in strengthened relationship and a better work-life balance.

Furthermore, a four-day school offers students an additional day for independent studies, homework completion, receiving additional academic support and even physical

restoration. This extra day can be utilized to consolidate learning, to build up knowledge, and more importantly, to catch up with the much needed sleep which certainly enhances academic performance. Sufficient sleep is essential for all the Hong Kong students, even the adults. Sleeping can help us have a better working mode and a clearer frame of mind. It can improve our work efficiency. If students can have more time to take a rest, it will certainly be a bonus to them.

However, a four-day week is not suitable for everyone. Some students may just use the extra day to pursue some meaningless activities like excessive gaming. This four-day school week will not benefit them. Instead, it may worsen the situation. Thus, I think school should teach students to have better time management skills so that they can allocate their time wisely. There is no guarantee on the effectiveness of this measure as it all depends on the students' self-control.

To conclude, the pros of this consideration outweigh its cons. I think this change will be a good start. It will benefit majority of students' academic performance and their mental health. I hope this consideration could be discussed in our next PTA meeting with other

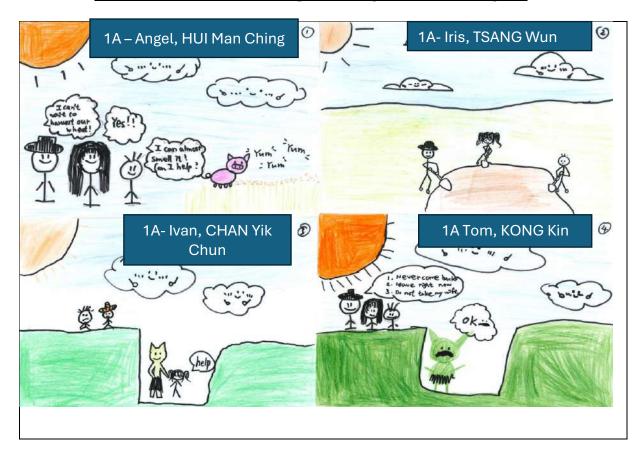
committee members and our views should be conveyed to the school as soon as possible so that students in our school can be benefitted.

Best regards,

Mary Lee



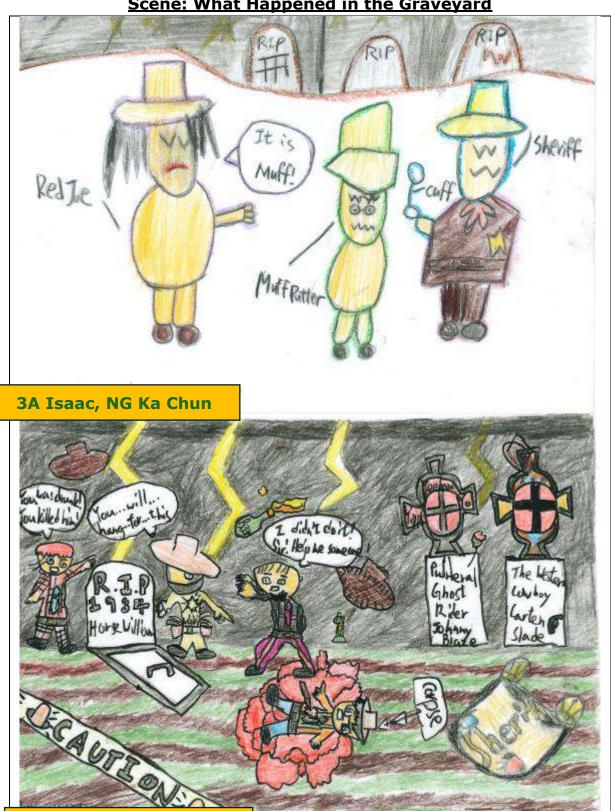
### S1 Drama 'Outsmarting the Imp' - Class Project



Scene- Matilda and Miss Honey Went to Miss Trunchbull's House



### Scene: What Happened in the Graveyard



3A Matthew, NG Ka Wah

### **Acknowledgement**

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Publishing Date: July 2024

We give our sincere thanks to Pentecostal School's Parent-Teacher Association for sponsoring the publication of this collection.

Best Writing Collection entecostal School