



We Write in Order to Understand

Robert Cecil Day-Lewis said that if something is clear in our mind, we should have no incentive or need to write about it. But, he believed, we do not write in order to be understood; we write in order to understand. Writing is not only a method of communication. It is also a process of understanding. Though writing, the author understands more about the topic.

This collection of our students' writing is the result of their efforts. With the help and advice of teachers, they wrote down what they felt, thought and reflected upon. Although the process may be full of difficulties, they learned how to think, plan and understand the topics they wrote about. This is exactly what Lewis claimed, that writing enhances understanding.

Our students' participation and efforts are commendable. I hope they will continue to share their ideas and thoughts with us through their writing. By reading this collection, you become a part of this process and have an influence on their progress as your reading will encourage and motivate them to write more in the future. For this, all of us at Pentecostal School are grateful.

Mr LAW Kam-shing Principal August 2015



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Drama Reflection 1A Brian Lam

1. Which types of stories are your favourite? Funny comedies? Scary horror stories? Exciting tales of action? Lovely romances? Science fiction stories about aliens, robots or the future? Serious <u>drama</u> stories? Stories about real life or <u>history</u>? You can choose more than one. Give examples and reasons.

The books which are about history of the Greek gods are my favourites because those books are very interesting- we can know more about history and wars and also the relationships between the Greek gods.

2. Which of the characters in the play 'Outsmarting the Imp' is your favourite and why? Don't forget to give examples and reasons.

The imp is my favourite because it can be performed in a funny way if you can control your voice well. If you can, it will be fun! The one who acts in my group, Cody, acts the part very well so I think the imp is my favourite.



A Fun Learning Trip

Join the Cycling Club for a great cycling trip on 12th October, 2015 (Sunday). The cycling trip to Po Kong Village Road Park will let you know more about environmental protection. All of the members are welcome to join this entertaining educational trip.

We're going to meet at nine in the morning in Pentecostal School. From there, we're going to take a coach to the park.

The trip will begin with a great cycling experience in the park as there are various kinds of cycling facilities. We will cycle around the elevated cycling track and a BMX cycling area. There is also a cycling area for beginners. We will see the wonderful city views of Hong Kong while cycling.

After that, we will walk to the exhibition panels on wind power generation system, photovoltaic system and solar power system. We can learn more about energy saving and the use of sustainable energy in Hong Kong. At about twelve thirty, we will go to a restaurant near Wong Tai Sin Bus Terminus to have lunch. The food in the restaurant is very yummy, especially fried rice, so it is famous in Hong Kong. After eating, we will catch a coach back to our school.

Remember to wear a pair of sneakers and bring some water. To join this trip, you can sign up at the school counter before 1st October.



Time for Cycling, Time for Fun

Join the Cycling Club for a great cycling trip on 2nd July (Thursday). We are going to do exercise in the nature on this outing to Nam Sang Wai. The cycling trip won't be difficult and new members are welcome.

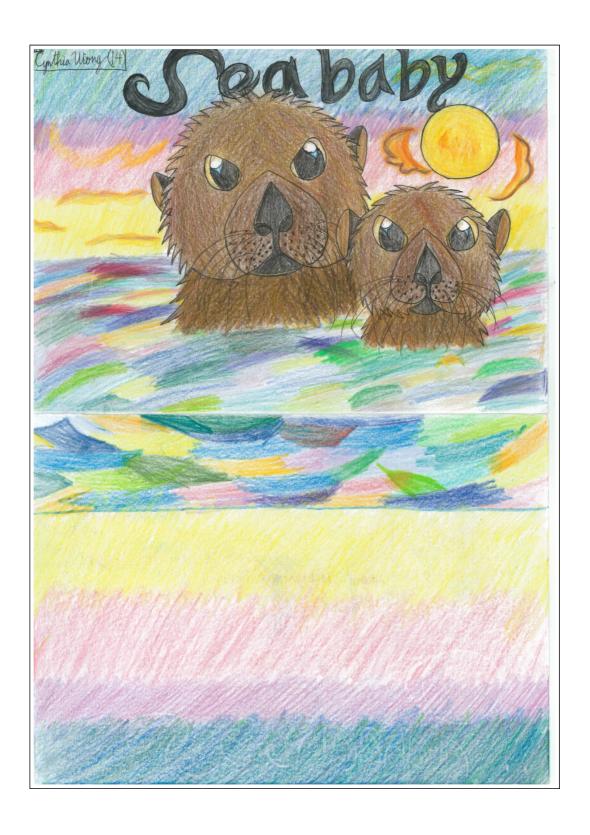
We're going to meet at the school counter at eight o'clock in the morning. From there, we're going to catch a coach to Nam Sang Wai.

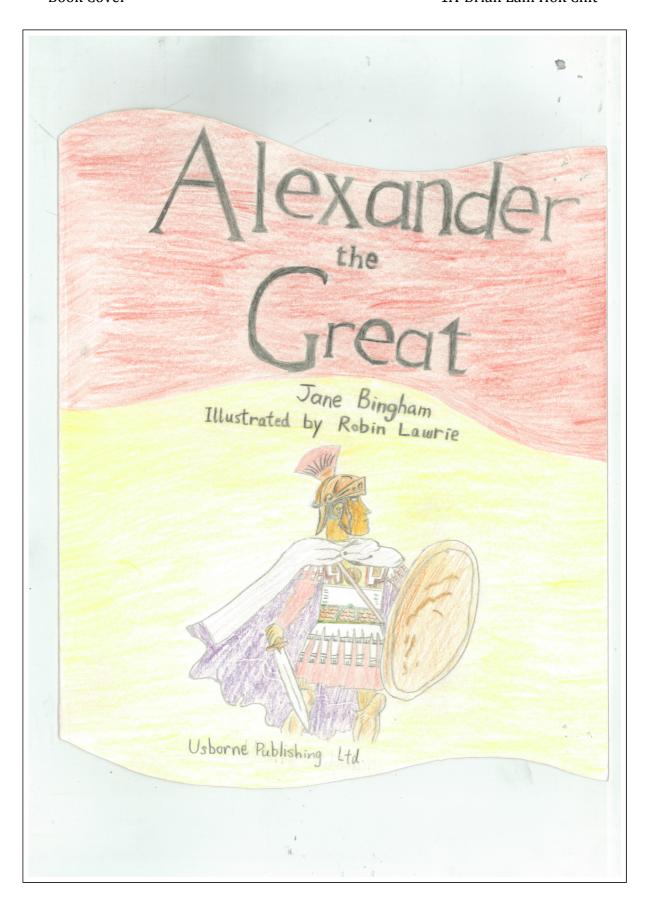
The cycling trip will begin with a relaxing ride around Nam Sang Wai. We'll see farms and small wooden huts along the path. The scenery there is so peaceful that we can unwind ourselves. Next, we are going to visit the souvenir shops, which are at Nam Sang Wai entrance. Then we will ride around the reeds and mangroves. On the way, we can listen to the singing of various kinds of birds such as egrets, shorebirds and gulls. It will be a very enjoyable trip.

After that, we will walk to the fishponds, where we can see Black-faced spoonbills, mudskippers and Aquatic birds. We will have lunch there at half past twelve in the afternoon. After eating lunch, we'll go to the entrance of Nam Sang Wai and take group photos. At about four in the afternoon, we'll take a bus at the bus stop near the entrance. We'll arrive at school at six o'clock.

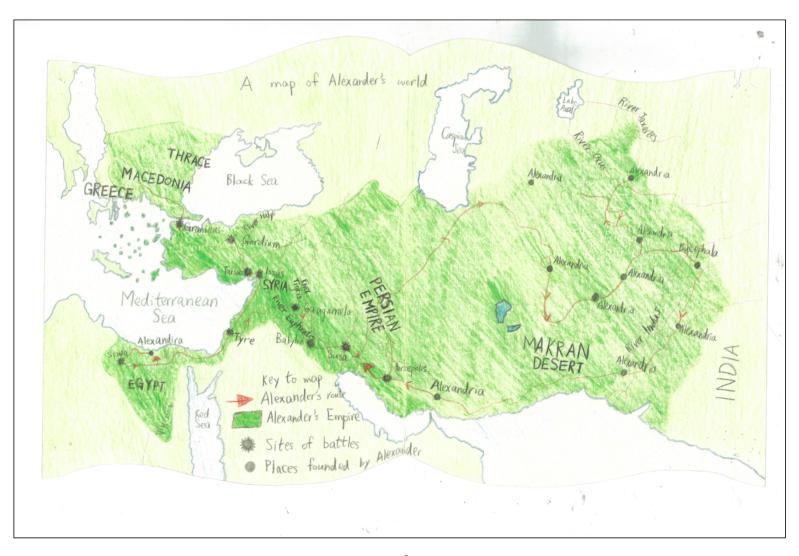
Remember to bring a bottle of water, a tube of sunscreen, a camera and a mobile phone. To join this cycling trip, you can contact the teacher adviser or the Chairperson of the Cycling Club before 25th June, 2015. Please sign up earlier because we only have limited places. Do join this relaxing trip and have fun.



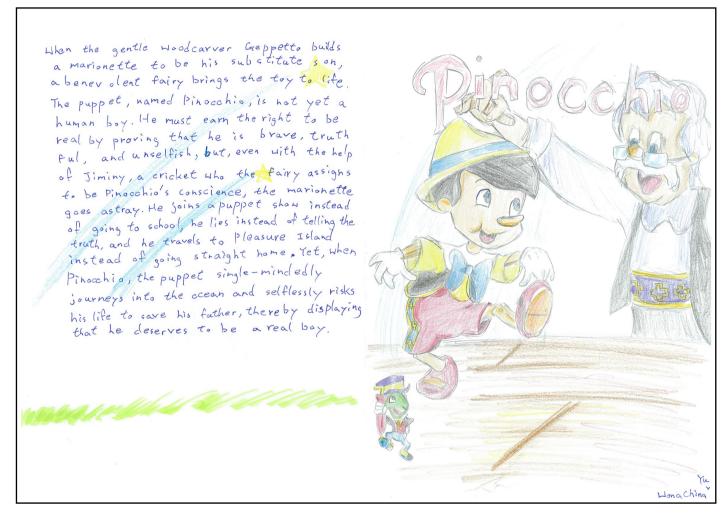




Book Jacket 1A Brian Lam Hok Chit



Book Jacket 1C Wong Ching Yu



A cycling trip to Sai Kung

Join the Cycling Club for a great cycling trip on Monday 8th May. We're going to get close to nature on this relaxing cycling trip in Sai Kung. It won't be too difficult and new members are welcome to join.

We're going to meet at ten in the morning at the Sai Kung bus station. The cycling trip will begin by riding our bikes up a slightly steep slope. As we climb up the hill, we'll see many different kinds of plants. We'll also see the beautiful scenery and the city views so it's great to take photos there. Then, we're going to take a short break in between so we

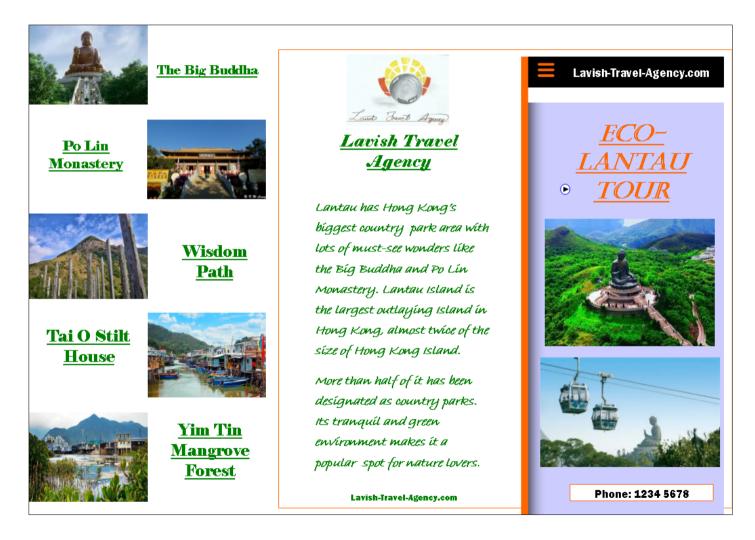


can relax and eat some snacks. At noon, we'll have some yummy seafood for lunch at a famous restaurant. Finally, we'll go home by bus at 4 p.m.

Remember to bring a bottle of water, some snacks, a map, a mobile phone, a camera and a bicycle for this trip. To join this cycling trip, you can sign up at lunchtime at the school counter on Friday 4^{th} June.



Ecotourism Leaflet 2A Boris, Vic & Oscar



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Tour Information

Brief description of the tour

This tour is suitable for the seniors, teenagers, families, adults and children. It takes you to see the natural environment. Some rare plants like mangrove roots and animals like fish, caterpillars, slugs can be found there. There is also a wide range of fiddler crabs and mudskipper on the muddy beaches.

Tour Stop 1

The first tour stop is the Big Buddha and Po Lin Monastery. We can see the world's largest seated outdoor bronze statue of Buddha. The opening time is from 10 a.m. to 5:30 p.m. It is very interesting and special.

Tour Stop 2

When we are walking to a local specialty market in Tai O, we will stop by a vegetarian restaurant to have lunch. Then, we can buy some homemade shrimp sauce, shrimp pasta and dried seafood in the local specialty market. You can buy those traditional foods as souvenirs.

Tour Stop 3

The next tour stop is Wisdom Path. We can see the series of 38 wooden monuments from the centuries of old Heart Sutra. This is made by the world best-known prayer which was revered by Confucius. The monuments are arranged in an infinity pattern.

Tour Stop 4

The next stop is very special as you can see the Tai O stilt houses. We can see the old structures of the houses that is situated right above the water. This structure is designed to avoid floods and these houses form a very tightly -knit community.

Tour Stop 5

The last tour stop tops the day as we are going to explore the Yim Tin Mangrove Forest. You can see the mangroves slowly invade the desolated salt marshes. More than half of the home- grown mangroves species in Hong Kong can be found in Tai O. You can also see the birds and crabs there. It will be very interesting!

Map



Lavish-Travel-Agency.com

Phone :1234 5678 Fax: 2314 5687

Rules:

- 1. No littering.
- 2. Follow the guide's instructions.
- 3. Stay on the paths.
- Don't feed the animals.



Tap Mun is at the north of Sai Kung, this islet is very convenient to explore with lush green meadows and crystal clear water. It can take you away from urban hustle. You can go there for flying kites and have camping.

Price: Adult\$250 Child\$150

Duration: 5 hours
Departure Time: 9:00 am
Lunch time: 1:00 pm
Pick-up point: 6:00 pm
Enquiries & Bookings: You
can call 1234 1234, to ask

the information.

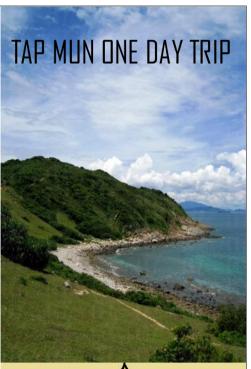
1.Don't smoke!

2.Don't throw rubbish on the ground!

3. Take care of your child!

4.Don't shout out loudly in the forest!







This tour is suitable for everyone: the elderly, young people or the whole family, all are welcome!

On the tour, we can see a lot of culture in Hong Kong: fishermen villages, and you will see a very beautiful pavilion, too!

On the tour, you can find a lot of special buildings that are related to the local fishermen's life and the culture.

Lush green grass and crystal clear water can be found on the way.



First, we will start our trip at the Tap Mun Pier, you can see the clear water there.

Next, we will go to Tap Mun Hoi Pang street. You can have seafood, snacks or by some souvenirs.





Then, you will go to Tin Hou Temple, it is very important to the local fishermen.

After that, we can have a rest on the Hill Top Pavilion, you will feel very safe and comfortable there.

Then, we are going to the fantastic Tap Mun New Fishermen village, you can learn about the traditions of fishing there.



Monday 12th January

Cloudy

It was a public holiday today so I had the chance to spend some time with my family. We decided to go the Space museum in the day and attend a music concert at night.

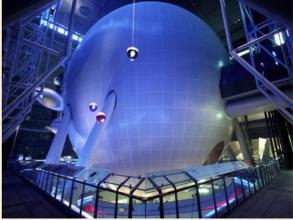
We started our journey after having our breakfast at home. First, we went to Lai King MTR station to get to Tsim Sha Tsui. The train was so fast so we arrived there fairly quickly. We got the tickets at the ticketing booth by the entrance. We found out that we were early for the show so we decided to walk along the Victoria Harbour for a while. We even had a quick lunch at a mall nearby because we thought that the food at the Space Museum was unreasonably priced.

When we finished our yummy burgers at KFC, it was almost 2 p.m. and it was almost time to watch the show at the Space Museum. It was already half past four in the afternoon when the show was over. It was a great show because it talked about the planets in our galaxy. We were a bit hungry so we ordered an afternoon tea set at a café.

At night, we went to a music concert at the Cultural Center because Dad got some free tickets from work. The concert was performed by HK Phil. It was a great performance and I will not forget about it.

It was a memorable day because everything went well as planned. The performance and the shows were wonderful and I have learnt a lot.





Flat A, 7/F.,
Block 5,
Sunshine Estate,
Kowloon

28th April, 2015

The Manager,
Tuck Shop,
Pentecostal School,
14 Perth Street,
Homantin,
Kowloon

Dear Sir/Madam,

Complaint about the Bad Food

I am writing to complain about the bad food served at your tuck shop. The food was not thoroughly cooked.

Yesterday, I went to your tuck shop in the afternoon to buy some curried fish balls. When I took a bite, I realized that they were not cooked inside out as they tasted like raw meat. I was shocked so I immediately ran to the tuck shop to get some new fish balls from your Staff. However, they turned me down and asked me to leave. I was devastated and I promised myself to never buy fish balls from your tuck shop ever again.

I hope you can train your Staff to make sure that the food is thoroughly cooked before selling them as your customers may risk the chance of getting food poisoned. Please give me a reply as soon as possible about your plans to deal with the issue.



Yours faithfully,

Chris Wong

Chris Wong

I would like to make the following suggestions to my patient Patrick. He is suffering from constipation.

1. A brief explanation of the health problem.

Constipation will affect your daily life. Normally, people have bowel movements at least once a day but if your feces are very hard or if there is great difficulty in passing them out, it means you have constipation. It will make you feel pain and if you pass out blood or mucus, it may be a signal that you have a big problem, like cancer.

2. Advice on diet.

First, you should drink more water- at least eight glasses a day. Constipation sufferers are often dehydrated. Next, you should eat more fibre and eat some produce like fresh fruit and vegetables. Don't eat too much protein as it is harder to digest. You can also drink ginger tea to improve digestion and calm your stomach.

3. Advice on reading nutrition labels.

You should read the nutrition labels before you buy food. You should check that the food is rich in fibre. Two examples of fibre-rich foods are beans and oatmeal. Try taking a folic acid supplement- maybe 60mg per day. You should eat less sugar, salt and fat and eat more fibre. It will make you healthier.

4. Advice on lifestyle.

You should make sure that you sleep at least seven hours per night because sleep reduces anxiety. And you should get more exercise. If you can have 30 minutes of exercise everyday it would be great because exercise can reduce the risk of constipation. You should check what you consume each day and get regular medical checks.

Should Physical Education be compulsory every day?

Most students in Hong Kong have one Physical Education lesson every week. Some students think it is enough because they feel tired during Physical Education lessons. However, I think it is a bad idea. I believe that Physical Education should be compulsory every day because of the following reasons.

First, Physical Education is good for health. Most Hong Kong students seldom do exercise after school. When they return home from school, they prefer to spend time playing with computers or watching films. Therefore, they do not play enough sports and become fat. Some of them even suffer from obesity. If they have Physical Education every day, they can do more exercise and stay healthy. This is the main reason why I agree that Physical Education should be compulsory every day.

Another point is that Physical Education is also good for mental health. Some students have much pressure from studies, so they feel very unhappy and tired. If they try to do exercise, they can relax themselves and will not be too upset. Therefore, it is good for them to do more exercise.

The final point is that playing sports can let students build up friendship. When they play team sports, they can have some fun and communicate with others. It is easier for them to make friends during Physical Education lessons. Then, they will like playing sports with the presence of friends.

In conclusion, I strongly believe that Physical Education should be compulsory every day as it is beneficial for students. It is good for their health. Besides, they can build up friendship while doing team sports.







I would like to make the following suggestions to the patient William Wong, who has high blood pressure.

A Brief Explanation of the Problem

High blood pressure is a serious disease. It is caused by the deposition of cholesterol in blood vessels. Because of the deposition, the blood vessels start to become narrower and the blood flow is slowed down. The heart needs to pump harder so it increases blood pressure. If it continues for a long time, it increases the risk of strokes and heart problems.

Advice on Diet

Your choice of food can greatly improve your health. First of all, you should eat less saturated fat. You will become unhealthy if you eat a lot of it. Second, it's a good idea to keep your weight under control by doing exercise. Third, eating more fresh produce is a fantastic way for you to stay healthy. Fourth, you should reduce your salt intake because lots of salt is not good for your body. Fourth, you have to drink alcohol in moderation. Fifth, you should choose food wisely. Lastly, don't forget to talk with a doctor about your eating plan.

Advice on Nutrition Labels

Reading nutrition food labels gives you information about which nutrients are in the food. There are two things that you have to pay attention to when reading them. You should take notice of the amount of saturated fat first. It is better for you to choose the food with less saturated fat because it affects your body. You should pay attention to the intake of sodium as well. You have to check for the sodium content and amount by reading the labels.

Advice on Lifestyle

How about your lifestyle? You have to do two things for it. The first thing is doing exercise. I know it's difficult for you to find some time but you should if you want to get better. Exercise is good for all of us. The second thing is drinking more water. How about bringing a bottle of water when you are doing your job? Water acts like a solvent in your body so you have to drink more.





An Article 3A Tom Fan Yu Wo

An outstanding student leader

My friend, Pat Chan, should win the Best Student Leader Award. He should get this honour because he has done the following things.

First, he has had encouraging examination results. He has got good marks in the main subjects – Chinese, English and Mathematics. He is also good at science subjects. He has got 80 marks in Physics and 82 marks in Biology. It is difficult for students to get such high marks but he did it. He has spent much time on his studies. Although he needs to concentrate on his studies, he helps his classmates to solve their study problems when he has free time. He has the qualities that a student leader needs.

Secondly, he is a committee member of the Student Union. His duty is to design and hold some activities for the school. He has organised some popular activities, like the Music Day, Writing Competition, Running around the School Competition, and so on. Many students like these activities and hope to join them again.

Thirdly, he is also a Red Cross member. One day, I saw him providing first aid treatment to a junior form student in the Medical Room with care. After the student had been treated, he smiled and thanked him.

Lastly, he is interested in playing basketball so he has joined the school basketball team. He has participated in some basketball matches and won almost every time. The coach and his teammates admire his basketball skills and are all proud of him.

I think a student leader should at least have good marks in his or her studies. He or she should also be good at some sports. It is also necessary to take part in extra-curricular activities to show talents. Having a helpful heart is especially important. These are the things I can learn from him. I think he deserves to win the Best Student Leader Award.

A robot teacher

One day, a student called Jason was in a Science lesson. He suddenly felt sleepy as he did not like science. He also did not know what the teacher was talking about, so he decided to do other things instead of listening to the teacher.

Jason liked playing with robots and he drew a robot in his book. Since he had played with robots for a long time, the picture was almost like a real one. After he had finished drawing the picture, he felt asleep in class.

When he woke up, he was shocked. He found the teacher had become a robot like the one he drew. To his surprise, the students were just learning as normal. He shouted loudly, "Aren't you crazy? Why is there a robot teaching us science? Don't you feel strange about it?"

"Oh, you're finally awake!" said the teacher. Then, the teacher turned off the visualiser and all the students were laughing at Jason. One of them told Jason that the teacher found he was sleeping so the teacher had played a trick on him. As the teacher wanted him to pay full attention in the following lessons, he projected his drawing onto the blackboard to scare him.

At last, Jason promised he would not sleep in class anymore and would try his best to study.

Dear Sir/Madam,

Re: An 8-day tour to Bangkok

I am writing to complain about a very unsatisfactory experience I had as a member of your 8-day tour to Bangkok on 1^{st} - 8^{th} April. Throughout the trip, I was greatly disappointed about the attitude of the tour guide and the tour arrangements.

First of all, the poor attitude of the tour guide was very annoying. When I asked her about the schedule of the tour, she just ignored me and continued her work. After a while, I tried to ask her again but she replied impatiently and started swearing at me. Even worse, she neither apologised nor regretted having said so and she just walked away.

My next complaint was about the arrangement of the tour. When I booked the tour, the staff member of your company told me all meals were inclusive. However, when we arrived at the restaurant for lunch on the second day of the trip, the tour guide told us the restaurant was full. We had to have the meal at a restaurant nearby and the prices of the dishes were very expensive. We were finally asked to pay for that meal. Not only that, five of our tour members suffered from diarrhea after having lunch.

Now, I expect a written apology and a full refund for the meal. Attached you will find the necessary receipt. I am looking to hearing from you soon.

Yours faithfully,

John Chan

John Chan



The Ferrari in Front of the Peninsula Hotel

Last week while I was walking by the Peninsula Hotel in Tsim Sha Tsui, I saw a Ferrari parking in front of the hotel. "Nowadays, rich people are everywhere. Ferrari, Land Rover, Lamborghini, Pagani and Maybach can be easily found in the streets and roads. How can I have one?" I sighed.

Suddenly, a young man was going straight from the hotel to the sports car. When I looked closer, I was shocked by what I had seen. That man was Alex, my elder brother. I couldn't believe my eyes. The last time when I spoke to him, he was still desperately searching for a job. How could he be able to afford such an expensive Ferrari? Before I went to him and asked, he had started his car and disappeared quickly.

I went back to my university dormitory, lying on my bed and figuring out what I had just seen. Ever since I had entered university as a freshman, I had rarely gone home. I haven't seen Alex often. The last time I had spoken to him was one and a half months ago. He had told me that he got sacked and was looking for a new job. I couldn't wait to find out the reasons behind. Without hesitation, I picked up my phone and called him.

'Hey, Alex, how are you?' I asked.

'I'm fine, thanks,' he replied. 'What's up?'

'I've just wanted to know how you can earn such a lot of money.'

Peter did not reply immediately. A few seconds later, he answered, 'I do not have much money.'

'Then why were you driving such a shiny Ferrari in Tsim Sha Tsui today?' I asked.

'Er... I borrowed it from a friend,' he stammered.

After a moment of silence, he added, 'I'm a bit busy now. I'll call you back later. OK?'

On the next day, I woke up at 6 a.m. It was a Sunday and I had no lessons. I put on my sunglasses and a cap. Then, I went to the apartment where Alex lived. When I entered the car park, I quickly found the white sports car that I had seen the day before and hid behind the car next to it.

A few minutes later, Alex walked into the car park. He remotely unlocked the car, stepped inside and drove off. I followed him in a taxi immediately.

'Just follow that white Ferrari, please,' I told the taxi driver. He nodded and started driving.

After five minutes, I saw Alex park his car and got off. I gave the taxi driver HKD 100 and said, 'Keep the change!' I desperately ran after my brother. He turned into a small alley. When I came closer, I spotted another man talking to him. I swiftly hid and even dropped their conversation.

'Have you got the cash?' asked Alex.

'Of course,' replied the man. 'Now give me the powder.'

'Here it is.' There was a rustling sound which sounded like a plastic bag.

I waited until the man left. I was utterly shocked and infuriated. 'How could Alex do something like this?' I grumbled.

I stepped out of my hiding place and bellowed, 'Alex!'

Alex saw me and his eyes widened in horror. He turned to run, but I hurriedly grabbed his arm and clutched at it tightly.

'Drug trafficking? That's how you can buy the car?' I exclaimed.

He was speechless. 'How did you ...'

'It doesn't matter. The matter is – do you have any ideas how serious this is?'

'Hah, my naïve little brother. Money is everything I want to earn more and

more. And now, you come and try to stop me'. He scorned.

'But this is illegal!' I shouted indignantly.

'Shut up! Do you want me to get arrested?'

'Go to the police station to surrender,' I begged him.

'Haha. To surrender? Never, never!' Alex screamed.

Suddenly two police officers were patrolling the streets and noticed us.

I've heard some shouting just now,' said one of them. 'What's wrong?'

Alex's eyes pleaded me not to say anything. Nevertheless, I grasped his arm more tightly and explained everything to the police officers.

'I'm sorry, but this is for your own good.' The police took my only brother away.

'I hate you! I will never forgive you!' Alex groaned and he was arrested by the police.

My heart ached terribly, but I knew that I had done the right thing.







Drama Reflection 4D John Cheng

Describe **FIVE** things you learned about **taking reviewers notes and writing comments about performances**. Is it easy or difficult to take notes? Can it help you to **improve your own performance?** Why do you think so?

I learned that there are various types of performances apart from good and bad. Also, different performances could be described by using concise adjectives like 'realistic' and 'uncommitted', for example. Besides, I realised that every single line in a script is important. There is no such thing as a useless line. While taking reviewer's notes, I noticed that some characters are especially more suitable for some people. The last thing I learned is that acting based on the principles of APE could make a big difference in a performance.

Taking notes is rather easy. I think it could definitely help to improve my own performance since we could see what makes a performance vivid or dull and then be able to tackle my own acting problems.

What do you think is **the most important theme** / **message** of 'A Christmas Carol? A) Anyone can change, B) we should be kind and helpful, C) the rich should help the poor, D) love is more important than money, E) something different (your choice). **Give reasons and examples to support your opinion**.

The most important message of 'A Christmas Carol' is that love is more important than money. As we know, Scrooge is a miser. He is obsessed with money and does not care about anything else- not his employee or his nephew. However, it seems like the entire town is full of happiness and hope. Scrooge becomes a lonely old man just because he has forgotten what love is. Gratefully, Scrooge changes at the last moment when he witnesses what happens after his death. I think Bob plays a key role here as he is a kind and nice person and indirectly showed and taught Scrooge what love is. It is not hard to see that Bob's family is full of love which brings hope, generosity and happiness even though they are poor. Therefore, I think the writer is trying to send the message that love is contagious and is more important that money.

Drama Reflection 4D Ruby Wong

Describe **FIVE** things you learned about **acting and showing emotions** with your face, body and voice (with **examples**). Which of these is **the most important?** Why (give **reasons** and **examples**)?

The five things are act lively, speak louder, give more facial expressions, use gestures and pay attention to your pitch. First of all, I learnt to act lively because if you act stiffly it won't attract the audience and it is unnatural. For example, we have to substitute into the role and think about the situations, feelings and personality of the character. Second, speaking louder can increase our persuasiveness when reading the script. People will listen to us as we are assertive enough. No one would like to hear a weak and powerless verbal cue. Third, giving more facial expressions can make the audience feel the emotion of the character and, hence, raise the inspiration of the drama. Audiences can understand the story through our facial expressions.

Fourth, using gestures may let people know what I am acting or talking about so they may clearly understand what I am trying to express. Also, audiences will concentrate more if we cooperate with some gestures while acting or speaking. Last but not least, we have to pay attention to our pitch. The pitch of the verbal cue should be coordinated with the situation of the scene. Audiences will be absorbed by the show. We may use a higher pitch if we want to strengthen the tone. All in all, I think that acting is a lively way is the most important thing because acting is the essential factor for drama, the other things only assist it and help it to be better.

What do you think is **the most important theme** / **message** of 'A Christmas Carol? A) Anyone can change, B) we should be kind and helpful, C) the rich should help the poor, D) love is more important than money, E) something different (your choice). **Give reasons and examples to support your opinion**.

I think the most important message is D) love is more important than money. Scrooge was a wealthy person at the beginning but he wasn't happy because he didn't have anybody to love or care about and no one loved him. He considered everyone else as being beneath him as he had more money than them. He thought money could buy everything like, for example, Belle's love. However, things turned out contrary to the way he wished as Belle left him. This proves

money can't buy happiness and love- it isn't everything. Later, scrooge recognised that love is more important than money as he begged the spirit to give him a chance to love people. Everything changed after he knew what love really meant: Bob's son recovered, people were blessed by Scrooge and he treasured the time with his nephew, Fred, but the most important thing is that Scrooge became a happy and generous man.



Drama Reflection 4D Tony Xie

Describe **FIVE** things you learned about **taking reviewers notes and writing comments about performances**. Is it easy or difficult to take notes? Can it help you to **improve your own performance?** Why do you think so?

I have learnt a lot of useful skills in the previous drama lessons, especially taking reviewer's notes and writing comments about performances because these kinds of things are new to me. The five skills are: familiarise myself with the story, use a neutral tone (not too negative or positive), write instantly (because you won't forget), know the characters' emotions well and jot down some key words while I am listening. It is quite difficult to take notes because some of the characters are angry and speak very fast. As a result, it is kind of tough work.

I think it can help me with my own performance because I will know which part is the most difficult so I can use the performing skills better.

Which **character** do you have **the strongest feelings about** (positive, negative or a mix of both)? Why?

There are a lot of amazing characters in the story but one character gives me the strongest feelings and that is Scrooge. He gave me negative feelings at the beginning but positive feelings at the end. His attitude and personality changed a lot from mean to nice and I think Scrooge really wants to be a good boss like Fezziwig but he didn't notice that was gradually becoming manic with his money and becoming a bad boss. At last the ghost showed him what he was doing and he changed. In our real life, we may not know ourselves. It's better to have a person tell you that you are doing something strange so we can correct our bad attitude.

Dear Sammy,

Hello, how've you been recently? Last month, I came across my favourite actors, Bruce Lee and Brad Pitt. It was a great experience to work as a film extra with them and I have come up with a thought through the time.

First, let me tell you some information about the film. It is called "Mission Impossible 7: Ghost". It's an action movie directed by Peter Jackson. I guess you've heard of the exciting scenes in the series of Mission Impossible, haven't you? This time, Bruce Lee acts as the main character Mr Smith, his wife Mary acts as a villain Ms Young in the movie, and Brad Pitt acts as a spy who comes from Russia. Ms Young tries to destroy the world with nuclear weapons, so Mr Smith is ordered to stop her evil plan. However, a spy shows up and the conflicts are more intensive than is expected. Sounds interesting, right?

Actually, as a little film extra, I was just given a few lines to perform, but I think that's enough to fulfil my dream of acting as a character. The thing that is much more important and unbelievable is that I had the chance to work with my favourite actors, both Bruce Lee and Brad Pitt. It is unique, if not special, to have conversations with my idols. Do you agree?

Apart from that, I have learnt something from the actors, crew and the director. It was impressive when I saw the actors trying their best to make every part of the movie almost perfect. When the audience watched the film, they would enjoy every moment of it. The director had also put a lot of efforts on the plot. More than that, some actors even studied on how to express with true and sincere feelings and asked others' opinions on their interpretation of the acting. Making a film is not only very difficult but also needs a lot of hard work. It is totally not as easy as I usually thought.

These are my impressions of being a film extra. How do you think of acting? Do you want to be an actress? Let's see if you are able to find me on the screen! Write back soon.



Best wishes, Chris Caption Writing 5A Gary Wat

The Last Lesson



The girl in the photo was my classmate, Mary. She passed away because of cancer and this photo was taken in the last lesson before she left us.

In that last lesson, my class teacher asked her to say something before she left. At that time, everyone felt sad and some of our classmates cried. Mary drew a smiley face on the blackboard and said she didn't want to see anyone feel sad because of her leaving. Instead, she wanted to see our happy faces.

After this lesson, Mary did not go to school anymore and I never saw her again. She had to receive treatment in hospital and finally got defeated by cancer. This picture reminds me of her positive attitude towards life in times of difficulties. The memories of her will always stay in my mind.

Caption Writing 5A River Liu





I was one of the members of the Fencing Team when I was studying at my former secondary school. The above photo was taken before the final fencing competition for Secondary One students in some inter-school competitions in Shatin. The teacher-in-charge, the coach and the members of the team, including me, put our hands together, which represented that we were a team- not individuals- and that we supported each other. 'United as one, divided by zero' was our idea while joining our hands together. We finally won the competition because of the support from every member of the Fencing Team. We had a great team spirit. I am touched whenever I see this photo.

A Letter to the Editor

Dear Sir / Madam,

I am writing in response to the letter from Pat Chan published in the South China Morning Post on 13th January, 2015. I strongly agree with his opinion that Hongkongers are largely unhappy because of long working hours. Nowadays, most Hongkongers work for 2,296 hours per year, which is much higher than the world average of just 1,915 hours. By having long working hours, the health of



people and their relationships will be totally affected. In the following paragraphs, the harms caused by long working hours will be examined.

First, I believe that long working hours will harm people's health. Employees in Hong Kong work long hours in order to finish their work on time, which stops them from having enough time to do any exercise. Therefore, it may cause chronic illnesses, such as cancer. You can see that people's health will deteriorate by working long hours.

Also, I have to point out that the relationship between people and their family members will also be damaged by working long hours. If people always work overtime, they do not have spare time to communicate with their family members. Or people will prefer sleeping to connecting with their family after

spending a long day working. That means the relationship between people and their family cannot be improved or even maintained since they do not have time or spirit to connect with each other after working a long day.

Nevertheless, some people claim that Hongkongers will be happy as they earn more money by working long hours. However, this viewpoint is totally wrong. What is the point of having a lot of money at the expense of our health? In fact, health cannot be compensated for by money. It therefore shows that health and family relationships are far more important than money. People will not find happiness if they have lots of money but have an unhealthy body or poor relationship with others.

All in all, I strongly agree with Pat Chan that Hongkongers are largely unhappy because of long working hours. In fact, long working hours will harm people's health, damage the relationship between family members and make people unhappy. I hope this letter will encourage the government and the public to be concerned about the bad conditions caused by long working hours in Hong

Kong.

Yours faithfully,

Chris Wong

Chris Wong, esq.

Worrying Parallel Goods Trade

Hong Kong, as a prosperous metropolis, is conspicuous for the high quality of goods. This remarkable factor attracts countless multiple entry visa holders, who cross the Hong Kong-mainland borders many times with one purpose: to export as many goods from Hong Kong as they can. They usually purchase daily necessities and electronic products such as baby formula, iPhones, and TVs. In this way, the parallel goods traders cause serious inflation and therefore create tension in the local community.

The most obvious problem brought by the parallel goods trade is a shortage of daily necessities. Since the supply of resources in Hong Kong is mainly prepared to satisfy the wants of local citizens', and not the whole of Guangdong Province, there is a lack of products in Hong Kong when the parallel traders buy so many goods. For instance, Hong Kong babies do not have enough milk powder and this leads to the problem that the parents have to frequently change the brand of milk powder. As a result, this may affect the health of the babies as they may not adapt to the new brand of milk powder well. Moreover, Hong Kong residents may get fewer choices of daily products such as shampoo and drinks; in other words, it is not fair to the local residents who should be given the priority to at least get the things they need for their everyday life.

Another potential effect of the parallel goods trade is speeding up the rate of inflation. Since the exchange rate of RMB is higher than the HK dollar, the price of products in Hong Kong may be lower than the products in mainland China. This attracts more people to purchase things for themselves or sell to other people at a higher price. When the demand of goods increases continuously and the supply remains unchanged, it will not only cause the shortage of products- it will also cause inflation. Adding up various economic factors, inflation in Hong Kong will become rapid and alarming.

Parallel trade also has a serious impact on the relationship between Hongkongers and mainlanders. A large number of traders treat Sheung Shui MTR station as a transaction centre. Packing loads of goods on crowded narrow streets which are mainly for pedestrians disturbs the daily life of the residents nearby. It is not uncommon to see some elderly people and children get hurt by

the traders' luggage. This triggers the local citizens to take further actions. Recently, Hongkongers cannot tolerate the parallel goods traders and a number of local parties and internet groups have called for retrocession movements in Sheung Shui, Yuen Long and Tuen Mun. Some of the people from both Hong Kong and China were injured during the protests and the relationship between them is worsening. This situation is certainly worrying.

To conclude, parallel goods traders have not only contributed to daily necessity scarcity and inflation, but also posed a threat to the city. Under no circumstances should the government ignore this worrying phenomenon. Our high rank government officials should provide more effective strategies to balance the development of Hong Kong's economy and its people's livelihoods. If a blind eye is turned to the above problem, there will certainly be more potential risks to society.





Information Poster 6A Wong Hei Na

Volunteer for Our Summer Camp! June – July 2015

Experience a memorable holiday, filled with fun and rewarding adventures serving the children of our community.

Why Should You Take Part?

By taking part in our camping team, you can learn with fun. The job of the camping team enables youngsters to work in a team so as to make friends, widen social circles and learn teamwork. Since team members have to cooperate and collaborate with each other, communication skills will be enhanced. Through organising a variety of activities for children, you can learn how to communicate with kids in a more mature way. Therefore, these skills are beneficial to you equipping yourself for your future career.

How Can You Help?

Everyone plays a crucial role in the camping team. Before camping, you will be assigned various roles and duties with reference to your talent and experience. After assigning roles, leaders in our team will offer you training on ways to communicate with children, discipline them and guide them. It is a valuable experience to collaborate with others and learn from each other to prepare for the games and activities. The most challenging task is to design, organise and implement fun and thought-provoking games to arouse the interests of children throughout the camp. Hence, different members in our team specialise in tasks that they have talent for.

What Should You Do if You Are Interested?

If you think you are capable of being one of the camping team members, you are most welcome to apply for a position. You should first seek approval and get consent from your parents for joining us if you are below 21. For the details of the application, you can either come and visit our YMCA office by person or download the application from on our website. You can browse our website for further detailed information. Come and contribute fully with your lively and energetic drive. We are looking forward to seeing you at our camp.

21st Century Personal Qualities

Good afternoon distinguished guests, Principal, teachers, parents and fellow schoolmates. I am Chris Wong, the Chairperson of the Student Union. It's my honour to be here to give a speech to our graduates.

Senior secondary school life is regarded as the happiest time at school. However, it is the hardest time and is filled with great pressure. What you faced was a public examination which determines your future. But no matter if you work or further your studies after the DSE, you must face different challenges. Now, I'm going to share what personal qualities we need so as to meet the challenges of the 21st century.

First, be ambitious and aim high. The reason why people say that we are less capable is we lack confidence and goals. Maybe you are not good at academic subjects. Maybe you are not good at art. Maybe you are not good at sports. But all we need is to know what our destiny is. It's necessary to have an aim or you will not have motivation and willpower in your daily life. The second step is to achieve the goal that you have set. Mr. Wong Wai Kee, the founder of HKTV, is the classic case in this context. By no means should we deny that he is ambitious. When no one talked about setting up a new television company, he did. Also, he achieved it. We can see from his example that being ambitious and aiming high gives people the drive to achieve what others think is impossible.

Second, be humble. When you step out of the school gate, you will be a freshman at university or a trainee in a company. What you must do is to show your eagerness to learn. You know nothing about the new place so you need to ask. Everyone starts from the bottom and gains knowledge. Besides, being humble is an effective way to get along with peers as well as reducing conflicts. Therefore, it is considered one of the most important personal qualities that everyone has to possess when facing the challenges of the 21st century.

Third, be persistent. There are many intense competitions and challenges after leaving secondary school. You will encounter different barriers. Adversity is ubiquitous and many difficulties will hinder you. However, don't give up. You

should trust yourself and insist on the goals you want to achieve. Someday, you will stand on the stage of success because of your perseverance.

Last but not least, be flexible. In the future, a lot of changes will appear and we have to adapt to them. Most, if not all, of us will be frightened. Now, we should learn to adapt to the new environment or any changes. We will have dissatisfaction towards people but we need to calm down. Or else, it will have adverse impacts on studies and career. There is a quote: "Keep calm and carry on." It is deep-seated in my mindset and I hope it will be a reminder for all of you.

Be ambitious, humble, persistent and flexible. I hope these qualities and the memories of your secondary school life will be planted in your heart. Although we are youngsters, seize the day. Blessings to all of our graduates obtaining a bright future. Thank you.



Dear Editor,

Social Networking Sites- The Places Where Adolescents Fall Prey

I am writing to express my grave concerns about the safety of social networking sites. Recently, many youngsters have fallen prey to con artists who set traps through online communication platforms. Alarming as it may seem, the number of victims, especially teenage victims, is increasing and the tactics the swindlers employ have become increasingly unscrupulous. It is time for us to reflect on the social networking sites and to see what we parents can do to keep our children away from the swindlers.

Presumably, when it comes to the biggest danger that social networking sites can cause, and what springs to the minds of the majority of the public, would be girls being cheated and losing their virginity. Though it is very saddening, what I want to emphasise is that there are a lot more lies and traps that are worse than that. Not only girls, but also boys need to keep an eye on their safety.

Some con-artists would prey on adolescents who are unaware of their money by luring them to online gambling through social networking sites like Facebook. Those gambling sites dazzle the players through glossy websites. Some even appeal to girls with icons of cuddly kittens, tempting cupcakes and smiling faces. The real traps are that they offer some free-play practice modes, giving unrealistic high returns to the players. At the same time, there are pop-up messages encouraging them to be risk-taking and persistent. Such illusion ends when they get to the real gambling phase. 'Practice makes perfect' never applies with chance games and in the end many young people run into debt and despair.

Despite claims that true love and genuine friendship can be found through social networking sites, it happens only once in a blue moon. In fact, not only teenagers but also parents should stay alert to protect them against potential harm. As parents, we expect our young people to be kept informed of dangers. We expect the government and the industries involved to create a safer and more secure online environment for them as we all know that our next generation will rely on professionals with high quality skills in the use of technology.

In short, social networking sites must be made safer.

Yours faithfully,

Chris Wong
Chris Wong

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